

Contact Us

Gosnells

Gosnells Community Lotteries House Suite 9/Level 1, 2232C Albany Highway

Joondalup

68 Reid Promenade

Kwinana

School outreach

Mandurah

Family Relationship Centre Unit 2, 331 Pinjarra Road

Rockingham

St Nicholas' Community Centre 14 Council Avenue

Albany

St John's Centre, 44 Collie Street



1300 11 44 46 info@anglicarewa.org.au anglicarewa.org.au @anglicarewa



SUPPORT AND SERVICES FOR WESTERN AUSTRALIANS

- Aboriginal Communities Counselling & Separation
- Disability Services Family & Domestic Violence
- Financial Wellbeing Housing & Homelessness
- Mental Health Parenting Support Suicide Postvention
 - Sexual Abuse Support Services Youth Services

Young Hearts



Free counselling for children and young people impacted by family violence



What is Young Hearts?

Young Hearts provides counselling in a safe and supportive environment for children and young people aged 5-18 who have been impacted by or experienced family and domestic violence.

Young Hearts aims to help children and young people to:

- Explore their experiences through art, drama, play, dance and talking
- Identify and express their feelings and thoughts about the family violence
- Develop and enhance safe family relationships
- Gain life skills and social skills which build confidence and resilience

What to tell children and young people about Young Hearts:

- It is a friendly and supportive place to go
- It is confidential
- You only share what you want to
- If you attend a group, everyone in the group will have had similar life experiences to you

Is Counselling Confidential?

All counsellors are bound by an Oath of Confidentiality for counselling sessions. However, if there is a threat to an individual's safety, confidentiality may be waived.



We have multiple locations:

- Albany
- Gosnells
- Joondalup
- Kwinana (school outreach)
- Mandurah
- Rockingham

How do I make an appointment?

To access the Young Hearts service phone 1300 11 44 46 for the Gosnells, Joondalup, Kwinana, Mandurah and Rockingham locations and 08 9845 6666 for Albany.

We will take your details and book an appointment with a counsellor.

Initially, an appointment will be made for the parent/caregiver to meet with the counsellor to discuss the needs of the child. An appointment is then made for the child to meet with the counsellor.

THIS IS A FREE SERVICE

Young Hearts is funded by Telethon, Austal and philanthropic donations.



