

# Young Hearts

Family violence counselling for children and young people

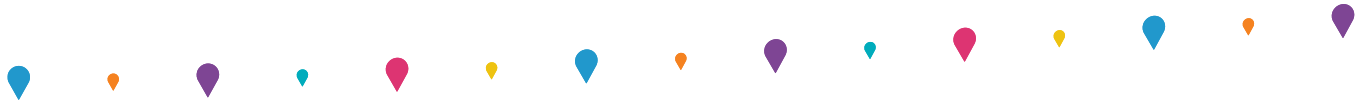
Young Hearts provides counselling in a safe and supportive environment for children and young people who have experienced family violence.

## Young Hearts aims to help children and young people to:

- ◆ Explore their experiences through art, drama, play, dance and talking
- ◆ Identify and express their feelings and thoughts about the family violence
- ◆ Develop and enhance safe family relationships
- ◆ Gain life skills and social skills which build confidence

## What to tell children and young people about Young Hearts:

- ◆ It is a friendly and supportive place to go.
- ◆ It is confidential.
- ◆ You only share what you want to.
- ◆ You get to have fun as well as talk about serious topics.
- ◆ If you attend a group, everyone in the group will have had similar life experiences to you.



### Is Counselling confidential?

All counsellors are bound by an Oath of Confidentiality in relation to counselling sessions. However, where there is a threat to an individual's safety, confidentiality may be waived.

### How do I make an appointment?

To access the Young Hearts service phone our locations.

**Mandurah** 08 9583 1400

**Rockingham** 08 9528 0702

**Gosnells** 08 9394 9200

We will take your details and book an appointment with a counsellor.

Initially, an appointment will be made for the parent/caregiver to meet with the counsellor to discuss the needs of the child. An appointment is then made for the child to meet with the counsellor.

**This is a free service.**

#### Get in touch with us

Family Relationship Centre

Unit 2, 331 Pinjarra Road  
Mandurah WA 6210

**T** 08 9583 1400

St Nicholas' Community Centre

14 Council Avenue  
Rockingham WA 6168

**T** 08 9528 0702

Gosnells Community Lotteries House

Suite 9/Level 1, 2232C Albany Hwy  
Gosnells WA 6110

**T** 08 9394 9200

Young Hearts is funded by Telethon, Austal and philanthropic donations.



[anglicarewa.org.au](http://anglicarewa.org.au)

