

Lived Experience Suicide Bereavement Support Group

The group provides informal social support to people bereaved by suicide, guided by ARBOR lived-experience Peer Volunteers and the ARBOR Peer Support and Project Officer. The aim of the group is to provide a safe environment for people to share their grief-journey with others bereaved by suicide.

Rockingham Group: First Wednesday of each month 6pm-8pm / St Nicholas Community Centre, 14 Council Avenue, Rockingham

Kingsley Group: Second Thursday of each month 2pm-4pm / Canterbury Room, St Anselm's Anglican Church, 19 Forest Hill Dr, Kingsley

East Perth Group: Third Wednesday of each month 10am-12pm / Anglicare WA Head Office, 23 Adelaide Terrace, Perth

If you are interested in attending this group, please contact (call or text)

Saori 0411597879 or Walter 0436845700

