

Parent Wellbeing Tip Sheet



Community Services

Community services exist to assist people in need. Many community services are run by not-for-profit organisations and may be accessed free of charge. They can help with a large variety of problems and are available across Western Australia.

There are community services that can assist you with:

- Financial problems, such as:
 - bills
 - rent
 - budgeting
- Relationship problems, such as:
 - separation
 - conflict
 - domestic violence
- Housing problems, such as
 - maintaining a tenancy
 - learning independent living skills
 - finding a place to stay
- Personal problems, such as
 - depression and anxiety
 - the effects of abuse

To find community services by location see the Department of Child Protection's link below:

<http://www.dcp.wa.gov.au/servicescommunity/Pages/Location%20of%20services.aspx>

To find community services by type see the Department of Child Protection's link below:

<http://www.dcp.wa.gov.au/servicescommunity/Pages/Services%20by%20type.aspx>