

Contact us

Metro Services

1300 11 44 46

Gosnells

Gosnells Community Lotteries House
Suite 9, 1st Floor, Corner Astley St & Albany Hwy

Joondalup

Sanori House, Suite 9, 1st Floor 126 Grand Blvd

Midland

20/22 Helena St

Rockingham

14 Council Ave

Regional Services

Albany

St John's Centre, 44 Collie St
08 9845 6666

Phone Counselling

1300 11 44 46

Supporting Western Australians in need:

- ♥ Aboriginal Communities
- ♥ Counselling and Separation Services
- ♥ Disability Services
- ♥ Family and Domestic Violence
- ♥ Financial Assistance
- ♥ Housing and Homelessness
- ♥ Mental Health Services
- ♥ Parenting Support
- ♥ Sexual Abuse Support Services
- ♥ Youth Services

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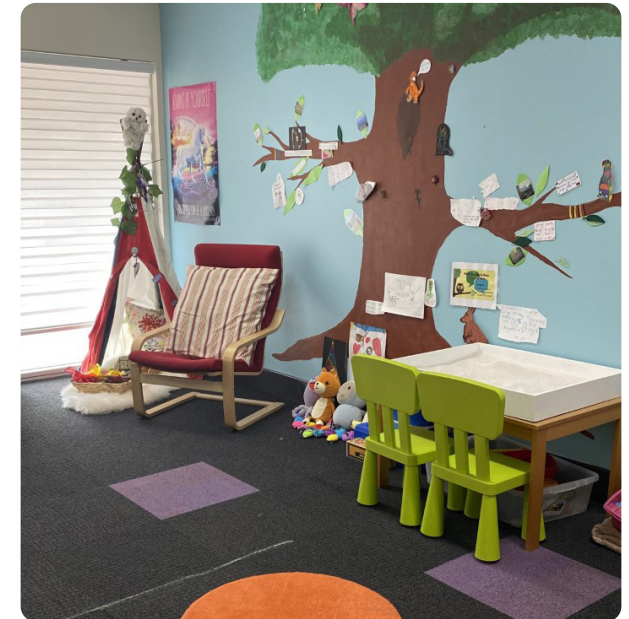
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01/2022.ANGL0033

Child Sexual Abuse Therapy Service



Assisting families to heal from the
impact of child sexual abuse



Child Sexual Abuse Therapy Service (CSATS)

A free, confidential support service.

CSATS provides healing, support, counselling and therapeutic responses to children, young people and their families affected by childhood sexual abuse and young people who are responsible for or at risk of sexually abusing other children.

CSATS provides counselling, information and support to:

- children and young people who have experienced or been impacted by childhood sexual abuse
- children and young people up to 18 years of age who are responsible for or at risk of engaging in problematic or harmful sexual behaviour
- parents, carers and siblings impacted by child sexual abuse

Children's problematic or harmful sexual behaviours

Sexuality is an important part of a healthy, happy life. Like all forms of human development, sexual development begins at birth, it includes the physical changes that occur as children grow, as well as the sexual knowledge and beliefs they come to learn and the behaviours they show.

Problematic or harmful sexual behaviours describe a range of children's and young people's actions which are either harmful or problematic for their age and development. Harmful sexual behaviour might include grooming, online abuse or sexual abuse.

CSATS provides holistic child centered approaches to identify and respond to children with problematic and harmful sexual behaviours.

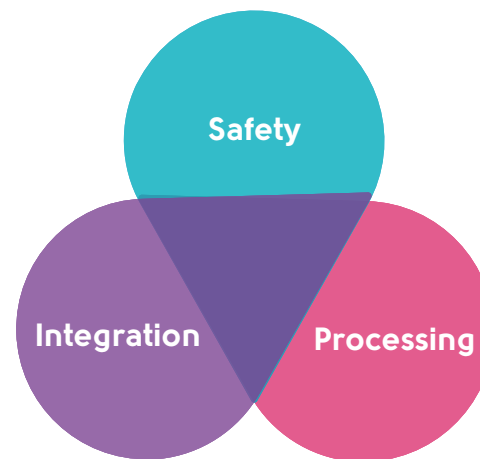
Our therapists work with the child, young person and their family using evidence based, trauma informed, safety oriented interventions that encourage healing.

Our commitment to children and young people is guided by the following principles:

The safety, well-being and development of children and young people is our priority.

Children and young people have the right to be heard and feel safe.

Our CSATS work



The three phases of trauma informed counselling are to establish safety, engage in processing (therapy) and integrate positive changes into people's lives.

Group work

CSATS aims to develop the child's knowledge and skills to keep themselves safe. Small group work with children and young people focuses on teaching protective behaviours, improving awareness about boundaries, unsafe situations and recognising abusive behaviours.

Group work with parents and carers gives an increased understanding of the impacts of trauma, strategies to support safety and building protective capacity in children and families.

How can you access the service?

We welcome referrals from the community. Any child or young person who has experienced sexual harm, or is engaging in problematic or harmful sexual behaviours can access this service. If the needs of your family fall outside the scope of this service, we will help you to find an appropriate, alternative service. We also work with families who are currently engaged with the Department of Communities Child Protection and Family Support.

Referrals from community, government or private practitioners are also welcome.

We are here to help children and young people gain a sense of safety