



TRAINING

ACCIDENTAL COUNSELLOR PART 2

PRESENTED BY: WILMA BROKAAR

Wilma Brokaar has worked as a social worker and counsellor in the Health Sector, with Community Services and in Children and Youth Services both in Australia and overseas. Wilma has trained in working with children and young people with a main focus on play therapy and developmental trauma. Wilma holds a BA Social Work and a Post Graduate Certificate in Developmental Trauma.

Date: 4 May 2018

Cost: \$240 per person (incl. GST)

Time: 9.30am-4.30pm

Location: East Perth

Course Overview

This one day workshop is part two of the workshop Accidental Counsellor and intended for those who have previously completed part one (or have equivalent experience). The program has been developed to provide participants with a range of skills, techniques and questions necessary to be able to respond appropriately in a range of sensitive situations prevalent in the community, including suicide ideation, grief and loss, and domestic violence.

As accidental counsellors at times work with difficult issues, it can be very stressful and draining work. Participants will explore the importance of professional boundaries to help manage themselves and their emotions, and will cover compassion fatigue, the term described as "the cost of caring".

The workshop will cover:

- Personal and professional boundaries and how to establish them
- Managing people in crisis situations and providing assistance to their distress
- Addressing sensitive and relevant topics in the community and ways to support people in these situations
- Compassion Fatigue - the signs and how to avoid

Who is this course suitable for?

- Front-line service providers
- Non-clinical staff working in the health and community services sector
- Teachers and staff in schools who interface with vulnerable people
- Nurses and anyone in the helping arena

It would be beneficial if you have completed the Part One of Accidental Counsellor or if you already have skills in basic counselling.

By the end of this workshop participants will have:

- A well-developed understanding of personal and professional boundaries
- An ability to recognise when someone is in a crisis and how to provide help in a respectful and empathic way
- Skills in supporting people around sensitive issues such as suicide, domestic violence, and loss and grief
- The ability to recognise the signs of compassion fatigue and ways to prevent it

If you wish to attend please complete a registration form.

To register contact

9263 2122

or email training@anglicarewa.org.au

   anglicarewa.org.au/training-services

