



# TRAINING

## REFLECTIVE PRACTICE SUPERVISION

PRESENTED BY: LARA STEEL

Lara Steel is the General Manager of Practice Excellence at Anglicare WA. With a strong background in Community Services Management and Clinical Supervision, she has worked in therapeutic and case management roles across the domestic violence, refugee, children's counselling and mental health sectors. She holds tertiary qualifications in Counselling, Psychology and Forensic Sexology.

Sue Vucak is the Practice Consultant Children & Families at Anglicare WA. Sue draws on 25 years of direct practice, community education, complex case discussion and management, with specialist knowledge and passion for working with complex, intergenerational trauma, social disadvantage, legal systems and with families in contact with the child protection system. Sue has experience working with a collaborative empowerment model with Indigenous families in Central Australia and Far North Queensland and is experienced in reflective supervision and staff development. She holds a tertiary qualification in Social Work.

**Date:** 29th & 30th May 2018

**Time:** 9.30am - 4.30pm

**Cost:** \$330 per person staff discount

**Location:** East Perth

### Course Overview

This workshop provides an overview of the skills, principles and theoretical frameworks of effective supervision with a focus on reflective practice and the 'use of self' within supervision.

### Who is this workshop suitable for?

It is suitable for new supervisors or those looking to move into a supervisory role, as well as providing a review of the theoretical structures of supervision for more experienced staff. It suits all disciplines and orientations of human services work and the helping professions.

### The two day workshop will cover:

#### Day One

- Purpose and principles of supervision
- Competencies of effective supervisors
- Contracting, confidentiality and case notes
- History and Functions of Supervision
- Reflective Practice

#### Day Two

- Models of Supervision
- Reflection and the 'use of self' in supervision
- Exploration Process
- Providing effective feedback
- Promoting professional development of supervisees

### By the end of this workshop participants will be able to:



- Have an increased understanding of the purpose, function, history and principles of effective supervision.
- Recognise the competencies required for effective supervision and complete their own competency checklist.
- Be provided with guidelines and information around supervision contracting, confidentiality and case note writing.
- Gain skills and knowledge in the use of reflection, exploration and the use of self/interpersonal processes within the supervision relationship.
- Be provided several common models of effective supervision.
- Gain skills and knowledge in providing effective feedback and supporting profession growth among supervisees.

**If you wish to attend please complete a registration form.**

To register contact

9263 2122

or email [training@anglicarewa.org.au](mailto:training@anglicarewa.org.au)

   [anglicarewa.org.au/training-services](http://anglicarewa.org.au/training-services)



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