



# TRAINING

## INTRODUCTION TO FACILITATION SKILLS

PRESENTED BY: JULIE SPARROW

Julie is a social worker and counsellor with over 20 years of professional experience, in government, non-government and university settings. She has facilitated a wide range of groups, including with parents, adolescents, and children. Julie enjoys the challenge of finding ways to communicate well with diverse groups. She also works for Anglicare in Relationship Education, facilitating groups on subjects such as resilience, parenting and building healthy relationships.

**Date:** 12 February 2018

**Cost:** \$240 per person (incl. GST)

**Time:** 9:30am - 4:30pm

**Location:** East Perth

### Course Overview

This one day workshop will review and explore all aspects of group facilitation, from being a good facilitator, to mind mapping the original concept of the group or presentation, to creating a comprehensive session plan. The workshop will also provide a tool box kit of ideas for activities, explore the dos and don'ts of PowerPoint and discuss working with group dynamics to ensure that the group is safe and trust is developed. Topics include:

- Different inclusion practices
- Strategies to deal with difficult behaviours
- Group dynamics and how this impacts the effectiveness of facilitation
- How to implement effective group activities and session plans
- The development of a working agreement
- The importance of mind maps
- Characteristics that make a 'good facilitator'
- Effective ways to present information
- Building self-confidence

### Who is this course suitable for?

This course provides foundational skills, tools and techniques for people presenting to groups of five or more people.

### By the end of this workshop, participants will be able to:

- Have an understanding in the usefulness of Mind Mapping and the use a mind map to create a session plan
- Implement effective group activities and ice breakers
- Organise, set up and manage a group
- Access a variety of strategies to deal with challenging behaviours in group settings

**If you wish to attend, please complete a registration form.**

**Bookings essential**

# 9263 2122

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