

BELIEVE Newsletter

SPRING 2019

Thank you for supporting our Winter Appeal – From Anglicare WA and Emma*

A few months ago we shared Emma's story with you. Emma was just 16 years old when she started her journey with Anglicare WA. After months of living on the streets, she was alone, scared, and in desperate need of support. It was during this time that she found Street Connect; our youth homelessness service that walks alongside young people living on the street.

Street Connect provided consistent, non-judgemental support to Emma, giving her the care she needed to improve her health, find work and a safe place to live. Emma now has a home, a job, a healthy connection with her family, and most importantly, a sense of self-worth.

Thanks to your generosity during our Winter Appeal, many other young people like Emma



have been able to access invaluable support from Street Connect, enabling them to start on their journey to thriving.

Thank you for your support. Because of you, we can continue to make a transformational impact and change lives in our community.



Mackenzie Bake Sale

Every contribution, no matter the size, makes a difference and supports people and families in need across Western Australia. At the age of six, Mackenzie met the Street Connect team and was inspired to raise awareness and vital support from her community. Mackenzie's incredible spirit has seen her little lemonade and biscuit stand transform over 7 years into a community event. Families travel to visit her stall each year to support this important cause. We are so grateful to Mackenzie and the extraordinary support of each and every Donor to Anglicare WA.

We are always looking for passionate people in our community to champion our cause. If you have a bright idea or want to make a difference, please give us a call today and we would be happy to make it a reality! Please call us on 9263 2091.



Mark Glasson Chief Executive Officer Anglicare WA

A message from our CEO

Do you remember another time like it? I can't recall another time like the one we're living in now. Rates of hardship and poverty continue to climb while people increasingly struggle to keep a roof over their heads and put food on the table for their family. We are witnessing a tsunami of need in our community.

We know it, community and business leaders know it, the media know it, even economists know it! It has become seemingly obvious to me that if we want to stem the tide of disadvantage and trauma – "step on the hose" as I like to say – the answer doesn't lie with our politicians, it lies within the community. I'm absolutely certain that change will start with people just like you.

With this in mind, we recently unveiled our 2019-2022 Strategic Plan, which will guide Anglicare WA's journey for the next three years. The strategy developed by our Board and Executive will see us continue to deliver comprehensive and innovative services across our State. Yet, our commitment will also be to bring the public with us, engaging with schools, parishes and their local communities to empower people with knowledge and resources to be able to support neighbours in need, while also holding our leaders to account.

Without doubt, launching the 2019-2022 Strategic Plan at our Metro Staff Conference in July was one of the key highlights of my first four months as Anglicare WA's CEO. But it wasn't the only one. Our new service centre opened in Midland in July and we have begun to relocate our Bunbury staff in their new facility – the first time they have all been in the one location. Both buildings have been generously fitted with furniture and furnishing by Dale Alcock through ABN Group. Thank you, Dale.

And I was incredibly proud to be in the audience when our Hardship Utility Grant Scheme, which we deliver with the Financial Counselling Network, won the Award for Innovation at the Institute of Public Administration of Australia WA Awards. The team behind this program not only deliver financial respite to people in need.

Thank you for your support as I have settled in as CEO, and I look forward to sharing the journey with you over the coming weeks, months and years.

Our New Values

At Anglicare WA, we are constantly looking to improve our services and make sure we are providing the best possible support to all who choose to partner with us on their journeys to thriving. Recently, we revised our value statement to better reflect the heart of our organisation. We are delighted to share our new statement with you.

Anglicare WA is **All About People**. We show respect and compassion, we place people at the heart of everything we do. We are **Focused on Strengths**, believing in and amplifying the strengths of people and communities. We are **Fiercely Inclusive**, making sure everyone can belong. We are **Trusted Partners**, walking alongside and inspiring trust in others. We are **Curious and Creative**, always seeking new ways to do better. Finally, we are **Courageous and Gutsy**, we tackle the difficult issues, speak up and take action, even when it's hard.

Bringing families together

Alarmingly, Western Australia has the second highest rate of domestic violence in the nation, second only to the Northern Territory. In response to this heartbreaking reality, Anglicare WA created Young Hearts, a free counselling service for children impacted by family and domestic violence. The Young Hearts program empowers children to overcome their physical and emotional abuse and trauma.

Young Hearts depends entirely on the generous support of the community to help children overcome the devastating effects of family and domestic violence. We could not do this vital work without the support of Austal, the Channel 7 Telethon Trust and individual Donors. Because of your support, we are able to help children to make sense of their experience of family violence. Through a safe therapeutic relationship with the counsellor, we can assist them to build trust, identify feelings and develop strategies to manage overwhelming emotions.

This year we held two Young Hearts Re-Connect Camps to support non-offending parents and carers to re-build healthy bonds and trust with their children. Both carers and children participated in a range of activities including archery, flying fox, sing-along, orienteering, and drawing communication to build vital connections and establish supportive and healthy home environments in the wake of experiencing great trauma.

These camps are incredibly special opportunities for parents to rebuild relationships with their children, fractured by violence. We couldn't offer this vital support to families without the support of Bendigo Bank who generously supported our Young Hearts Re-Connect Camps.

Transforming young lives

Foyer Oxford is a cutting edge youth housing service that uses sustainable employment, education and training to accelerate young people out of homelessness and disadvantage, and into independent living. It is the largest single-site homelessness service for young people in Australia, with a capacity to support 98 young people, including 24 young parents and their children.

We are so proud of the success of Foyer Oxford. Since opening 5 years ago 91% of residents have moved on to independent living and 85% of them remain in education or employment. Young lives are truly changed through this service as it continues to break the cycle of homelessness through education, employment and training.

Philanthropic support has been instrumental in sustaining ongoing funding for Foyer Oxford and ensuring that its young residents have a secure and hopeful future of their own. Foyer Oxford would not be possible without the generous support of our donors. We would like to acknowledge The Stan Perron Charitable Foundation, the Gregg Family, the Anderson Family, the Jon & Caro Stewart Family Foundation, Anthony Kiernan and the Winter Appeal Committee and their supporters for their transformational support of Foyer Oxford.

Anglicare WA Church Community Fund

We were excited in 2019 to introduce the Analicare WA Church Community Fund that provides grants of up to \$1,000 for community development to local congregations. We are already seeing Anglican churches growing their outreach and service in their localities. Darlington, Warnbro and Wongan Hills/Dalwallinu Parishes have used the Fund to grow their connection to people in their local area and offer community support through their services.

The Parish of Wongan Hills invited local members to make meals for those in need in their community. They experienced the joy of delivering meals to families facing challenges including; a recent hip replacement, a son who had just suicided, a battle with cancer and a husband whose wife had had a stroke. The Parish also hosted a special lunch to connect members of the community.

For further information or if your church would like to apply for a grant please visit our website anglicarewa.org.au/churchfund



Op Shops

When you buy or donate to Anglicare WA's Op Shops, you aren't just getting items at discounted prices, you are giving back to those in need. All funds raised in our Op Shops go directly towards our services which support 41,000 Western Australians each year. Staff at our Op Shops are crying out for donated items with supplies at all-time lows. Let us help you declutter your home and wardrobes while you enjoy knowing that you are helping those in need in our communities. For more information about our Op Shop locations, you can visit this link: anglicarewa.org.au/op-shops/op-shop-locations

Points for Reflection

Please keep Anglicare WA and our commitment to these values in your thoughts and prayers over the coming months:

- All About People. That in all of our dealings with clients, the communities they come from, our staff and volunteers we will be able to continue to show respect and compassion through everything we do.
- Focused on Strengths. That we will always look to the strength and wisdom of those we work alongside.

- Fiercely Inclusive. That we are a community of people committed to ensuring that everyone can belong.
- Trusted Partners. That Anglicare WA inspires trust in those we partner with in our important work.
- Curious, Creative, Courageous and Gutsy. That we find the wisdom and strength to find solutions to intractable problems and the courage to do something about them.

Family Violence Homelessness Financial Stress Relationships Mental Health Disability Parenting Bereavement





^{*}Names changed to protect the privacy of those involved.