

# 2020 the year that was...

It has been a year like no other – everybody was affected in some way by 2020. While we all know the core catalysts for those challenges – there is an undercurrent of positive change coming to light.

**Humanity is stepping up and fighting for those in need. YOU are a part of that change.**

## Bush Fires

It is estimated more than 18 billion hectares burned across the country, destroying over 2,700 homes and the lives of 34 Australians were lost. **However, with all this devastation, there came hope.** Fundraisers lit up social media and the news to help Australian organisations in their race to save homes, lives and land. Over \$500 million was raised for bushfire relief from across the country and the world. Australians dug deep to help.

## COVID-19

**As Western Australians, we are some of the luckiest in the world with how we managed COVID-19 to keep our people safe and our economy alive.**

While we have experienced loss; lives, jobs and support networks during “lockdown”, there have been incredible acts of kindness to come out of it. It saw Anglicare WA partner with organisations like **Lotterywest, Woodside Energy** and **HBF** to help support those who need it most, and people like you, also dug deep to support fellow Western Australians. We heard of supporters who donated their increased government COVID benefits back to community programs, and others who supported our vital programs. Thank you for enabling our programs to reach even more people during 2020.

## Black Lives Matter

Last year also brought changes in the form of advocacy. Important messages were communicated and supported to fight systemic racism and inequality. At Anglicare WA, we believe that the push for change must continue. We are fiercely inclusive and stand in solidarity with all people of colour around the world because Black Lives Matter. We stand by Aboriginal people in this country determinedly working to bring about change and to end systemic racism, because Aboriginal Lives Matter. Together we can make change happen.



**Thank you for bringing back hope in such a difficult year.  
We could not have done it without you.**

## Message from our CEO

Having had the chance to reflect on the past 12 months, I have been able to think about what we have come through, how we have best supported Western Australians, the lessons learnt and the difference made.

Through your support, our services continue to fulfil our purpose of driving positive outcomes with those in need and to challenge barriers to thriving. One great example is the expansion of our work in the Pilbara through headspace, which is the result of several years of outstanding work with young people and the community in the North West. This expansion will enable more young Western Australians to receive mental and physical health support to those in this region.

Our work in schools really took off last year, through our Community Education program and we were able to work with 5 schools and run workshops for over 2,400 students on issues including mental health, homelessness and healthy relationships. To focus on reducing the demand for our services, we know we need to intervene earlier, and by working with schools we are raising awareness and contributing to prevention and early intervention.

When the chips are down, the community of Western Australia has tremendous resilience and a heart. Our generosity shone during early 2020 in response to the bushfires ravaging the east coast and our response to COVID-19 showed that we care for our neighbours. My team and I were overwhelmed by offers of support from the community and it showed me that Western Australians are keen to ensure that no-one is left behind.

**Thank you for walking alongside us and those we serve.**



**Mark Glasson**  
Chief Executive Officer



## Christmas Wrap Up

**Your support this Christmas meant our Young Hearts program is able to support more young people experiencing violence and trauma. Children like Daisy now have the chance at a safe and happy future. Thank you.**

Our Young Hearts program is a free, unique counselling service that works with families to help children and young people regain trust, feel safe and experience safety in their relationships.

Thanks to your generosity, kindness and ongoing support our Christmas Appeal raised over **\$160,000** for this crucial service. This means we can continue to provide a support system to children and give them a safe environment to explore their feelings.



## **Central Park Plunge 2020**

We saw a group of brave-hearted superheroes step out of their comfort zone for a once-in-a-lifetime opportunity to abseil 220 metres down Central Park, Australia's tallest urban abseil!

The incredibly courageous participants raised over \$70,000 collectively, which keeps a Street Connect youth worker on the

streets for 12 months, helping young people experiencing homelessness who have no one else to turn to. Thank you to all those who participated and donated to the event!

Central Park Plunge will be back this year, Saturday 13 November 2021! Limited spots are available, connect with the Philanthropy team today to secure your place.



## **Lemon Tree Pop Up Op Shop in Claremont - Opening 10 February**

We are located on Walter Drabble Lane behind 18 Bayview Terrace, Claremont.  
Open Wed-Sat, 10am-5pm

Looking for a touch of sophistication and style without the price tag? Head to our Lemon Tree Pop Up Op Shop from 10 February to find yourself a whole new wardrobe!



## **Op Shop Ball 2021**

We are thrilled to share that the Anglicare WA Op Shop Ball is returning to Perth.

The theme of this year's fabulous event is 'Come Fly With Us'. Given the limited travel opportunities, we will treat you to a night of fun where anything can happen!

This flight of a lifetime will be departing from the **Crown Towers Grand Ballroom** on **Saturday 15 May at 7pm**, gates open from 6pm.

Tickets are limited, get your boarding pass now.  
Online: [theopshopball.com.au](http://theopshopball.com.au)  
Email: [getinvolved@anglicarewa.org.au](mailto:getinvolved@anglicarewa.org.au)  
Phone: 9263 2091



## Treehouse Virtual Tour during COVID

When COVID began to create physical barriers, we needed to change our service delivery to phone or video based sessions (than face-to-face).

We were worried that it may impact the service delivery and our client's experience. However, our clients are making incredible progress despite these challenges and staff have been creative

in their means of support; including this story from a Young Hearts Counsellor, who has been supporting a child experiencing trauma.

Julie shared with us: *"I just had a special counselling session with a child. We did a video call in her new tree house! She wanted to show me her new safe space that was all hers.*

*In the session my young client told me her future plans for the treehouse, and we were able to use the environment to process some of her emotions on things happening at home.*

*It was such a great session on hope, imagination and future focuses."*

### The School Sleep Out - Coming back bigger and better!

Our School Sleep Out, which raises funds for Street Connect, went 100% digital to meet the COVID-19 restrictions. In previous years, the 300+ students have slept out – amidst the rain, wind and hail – but in 2020 it simply wasn't possible. We still wanted to deliver the same quality experience for the students and as such, we created an interactive virtual platform that facilitated a

homelessness simulation. This experience saw a record of 350 students participating, raising just over **\$104,000**.

In August 2021, we hope to bring back the physical component of the School Sleep Out at Optus Stadium, while keeping the digital program to allow more students to participate, especially those in regional communities.



### Social Business

Anglicare WA's Employee Assistance Program (EAP) has been busy supporting organisations and staff through an incredibly tough year. An EAP is a professional, confidential counselling service for employees. Personal or work problems can impact an employee's wellbeing, EAP can reduce the impact of these issues.

For more information on how we can support your organisation or employees, please call Lauren Wooldridge on 9263 2065.



## St John WA's Christmas Cheer

For the 3rd year, Anglicare WA have been the recipients of the St John WA Christmas Giving Tree Campaign.

St John WA staff members from across the State donated

580 gifts for children in need. No child should have to go without at Christmas, and we are so grateful for the support of St John WA and their staff for helping provide a brighter holiday season for many.



## Points of Reflection

The introduction of the temporary Coronavirus Supplement from April 2020 effectively doubled the rate of JobSeeker, lifting thousands of households above the poverty line.

After the increase was announced, our advocacy shifted to ensure the rate was maintained. However, the Government has been tapering the rate down and it is expected to be back to its 1996 base at the end of March 2021.



### What You Can Do



#### SHARE

information, resources  
& passion with people  
you know



#### FOLLOW

social media campaigns  
#RaiseTheRateForGood  
& #AboveTheLine



#### CHALLENGE

misinformation about  
poverty, factsheets at  
[antipovertyweek.org.au](http://antipovertyweek.org.au)

### Gifts to Acknowledge

#### Anglican Community Fund

Emergency Relief

#### Austal and Channel 7 Telethon Trust

Young Hearts

#### Peter and Patricia Miles

Christmas Appeal

#### The Stan Perron Charitable Foundation

Foyer Oxford

#### NAB Community Endowment

Where it's needed most

#### Lotterywest

Friend in Need & Mobile Outreach Service expansion

#### Wythenshawe Foundation

Making Ends Meet

#### Minderoo Foundation

Foyer Oxford

#### ISPT

Street Connect

#### Camp Kulin

CYPRESS





## Containers for Change

Did you know you can donate to us through Containers for Change? The new recycling scheme offers 10c for each used container. It might seem like small change, but it can make a big difference to people in need. It's as easy as 1, 2, 3!

1. Keep your used containers;
2. Take your containers to your nearest depot (<http://ow.ly/tDFa50BHpsv>); and
3. Donate to Anglicare WA using our unique code (**C10306818**).

Your donation helps reduce poverty, stop domestic violence, end youth homelessness and strengthen family relationships.



## Information and Wills Days

Planning your Will and having it professionally written is often a sensitive subject not openly discussed, but it is a valuable and hugely important component of future planning that you can do for your family and friends.

Anglicare WA provides heavily subsidised Wills Days and information sessions throughout the year. These are popular events that book out early; please register your interest at [www.anglicarewa.org.au/get-involved/events](http://www.anglicarewa.org.au/get-involved/events) or call Romm Niblett on 9263 2076.

### Upcoming Events

#### February

##### 10 February

Claremont Lemon Tree  
Op Shop Pop Up opens

##### 16 February

Reflection Practise Supervision Training  
East Perth, 9am–4pm

##### 11 February

Person Centred De-escalation Training  
East Perth, 9am–4pm

##### 24 February

Group Supervision Training  
East Perth, 9am–4pm

#### April

##### 8 April

Wills Information Day for over 55's  
Guildford 10am–12pm

#### May

##### 7 May

Anglicare WA Wills Day  
Guildford, 10am–3pm

##### 15 May

Op Shop Ball 2021  
7pm

#### November

##### 13 November

Central Park Plunge 2021

**To participate in any of the above activities, please call 9263 2091.**

Family Violence   Homelessness   Financial Stress   Relationships   Mental Health   Disability   Parenting   Bereavement