

BELIEVE Newsletter

SPRING 2020

Thank You for Supporting our Winter Appeal

With your support, we are able to help so many children, young people, individuals, families and communities in our state. We couldn't do it without you. Your recent generosity went straight into communities right across Western Australia to help the most vulnerable survive and thrive. Thanks to you, our vital programs that were in jeopardy, remain operational. We were able to provide life-saving support to young West Aussies experiencing homelessness, women and children impacted by family and domestic violence, and families living in poverty.

The demand for these services continues to be extreme. With your support, we will continue to touch the lives of thousands of Western Australians to help them build brighter, hopeful futures.



You've made this possible THANK YOU!

Since the first impact of COVID-19, we have seen an increase in family violence right across the state. Your generosity supported victims of violence and helped transform lives just like Erin and Melissa's. Thank you.

Erin's Story

I have a two-year old daughter and we were in an unimaginable domestic violence situation where we fled and lost our home, our car and just about everything. Thank you to all those who made it possible for us to be supported and to see a light at the end of the tunnel. I can now take my daughter to her appointments, to see her grandparents and family, friends, shops and daycare. You've made this all possible – thank you!

Melissa's Story

I decided to leave my abusive partner, and in the process fled without some of my most valuable belongings, which caused me great anxiety. Thanks to the support I have received, I felt comfortable to retrieve my things. Now, my possessions are safely in storage while I stay with family and I am slowly rebuilding my new life back around me. I am so grateful for the ongoing support I received throughout this challenging journey.



Mark Glasson Chief Executive Officer

Message from our CEO

Looking at what's happening across the country and the rest of the world right now, we'd all be forgiven for slipping back into a sense of security here in Western Australia. With most restrictions lifted, life almost feels 'back to normal' – just like before COVID-19 began. Without overseas travel, West Aussies are exploring how truly beautiful our state is - a land of endless exploration, and after months of social distancing and isolation, it feels like there is a greater sense of community and far deeper connections.

We have all been in this together. Over much of this year, I have reflected that it is times like these that reinforce why Anglicare WA exists. Our purpose has always been - and will continue to be - about placing people right at the heart of all that we do. To drive positive outcomes for those in need and to challenge barriers to thriving.

We've certainly had to stare in the face of adversity this year. But through it all, I'm drawn back to our purpose. As we continue, prepared for what will be new challenges that arise, and more people than ever to help, I am truly humbled by the generosity and spirit of you - our supporters. You continue to be there for those who need us most, inspiring us all at Anglicare WA. You bring hope to our community. We thank you.

Partnering For Change

We are so grateful to you and the organisations that make it possible for us to give vulnerable Western Australians a helping hand when they need it most. We'd like to highlight the incredible commitments made by the following groups:



Chris Webster (Euroz Foundation), Esben Kaas-Sorensen (Street Connect) and Kevin Terry (Hertz Welshpool) pictured with the new Street Connect bus.

• Woodside Energy who committed to funding two significant projects – Safe with Milli which provides in-home surveillance and security to women impacted by family and domestic violence, and Tech Connect in the North West.

- **HBF** who have supported an emergency relief fund to help victims of family and domestic violence.
- Lotterywest for supporting the Street Connect team.
- The Henderson Family who supported Street Connect, and the Men's Behavioural program in the North West.
- Euroz Charitable Foundation, Hertz Welshpool, and the **Oliver Charitable Foundation** for making our dreams of buying a new bus for Street Connect come true.

Advocating for Systems Change

Our Rental Affordability research this year highlighted that before the introduction of the Coronavirus Supplement, less than 1% of housing in WA was affordable for someone on income support. Our recent advocacy has focused on increasing social housing to address the growing demand for affordable rental properties. As a result of publishing our annual Rental Affordability Snapshot, we were invited to meet with the Minister for Housing, the Minister for Youth and several other Western Australian politicians to discuss the findings and our recommendations. If you are interested in supporting our advocacy work, you may like to:





Share the summary report of our research (available on our website) with your local MP Share, like or follow ACOSS's #RaiseTheRateForGood campaign on your social media Take action as part of Anti-Poverty Week, 11 – 17 October 2020

Students Connect for a Cause

Each year, Year 10 students in Anglicare WA's School Ambassador program learn about social justice issues across our state. During COVID-19, we had to transform our program into a digital channel where students could 'zoom-into'. We created a series of live online sessions, called Connect to the Cause. Each week, Student Ambassadors connected with us and were introduced to a different person in our organisation. They learned more about youth homelessness, working in the Pilbara, Media and Public Relations and how Human Centred Design improves the experiences for the people we help. The series was such a hit that schools will be repeating it next year - COVID or not! A positive outcome amidst uncertainty and disruption!

A Spotlight on Our Community

Throughout COVID-19 it has been heartwarming and inspiring to see the creative and wonderful ways that our community has adapted and challenged themselves to support people in need.

Going the Distance for a Difference

42km that has helped so many vulnerable young people.

When some people turn 50, they buy a fancy car, quit their job or travel around the world – not Stephen.

A man who doesn't run, he set himself an incredible challenge for his 50th birthday milestone to run a marathon and make a difference.

Stephen counts himself as a very lucky man but recognizes that others are not so fortunate. In 2007, he worked in Perth's CBD and back then, seeing people sleeping rough was rare unlike today in 2020.

Stephen committed to raising \$10,000 for our Street Connect team and with that money, he wanted to purchase much needed sleeping bags, back beds and put the remainder towards a fund so that Street Connect can help to purchase ID for young people in need.

Stephen smashed his fundraising target and we're so pleased to report that he also smashed his marathon – an incredible Thank you, Stephen, for being so awesome, challenging yourself and believing that everyone has

the power to make a difference!



Stephen at the finish line after completing a 42km marathon in support of Street Connect.



Kylie is preparing to climb Bluff Knoll 13.5 times in support of Albany Women's Centre.

This Challenge is No Bluff!

The year has seen a trend of virtual fundraising challenges. We recently heard from one amazing supporter, Kylie from WA Police in Albany who is preparing to undertake a virtual climb of Mt Everest in September.

With Mt Everest standing at 8,848m, the equivalent involves continuously climbing Bluff Knoll in the Stirling Ranges a whopping 13.5 times, in under 30 hours.

The funds Kylie raises will support our Albany Women's Centre which provides women and children affected by family and domestic violence a safe, secure, crisis refuge with 24/7 support.

Thank you, Kylie! We'll be cheering you on.

When you support Anglicare WA, you are helping to keep our services going which means more people with a roof over their head, more families with their power switched on, and more people experiencing mental ill-health connected to their community. You can host a morning tea or sausage sizzle fundraiser, get your school, workplace or parish involved and more. If you've got a fundraising idea that you'd like to explore, please contact us on **(08) 9263 2091** or email **getinvolved@anglicarewa.org.au**

Will You Take the Plunge for Anglicare WA?

The Central Park Plunge is back! Would you like to be one of 20 lucky people joining us and taking in some of Perth's most incredible city and river views? On Saturday 7 November 2020, this unique event challenges you to abseil 220m (that's 52 floors!) down the Central Park building in Perth's CBD. All funds raised will go to our Street Connect team to support young people experiencing and at-risk of homelessness.

If you would like to take the plunge with us, please call Emma on (08) 9263 2091 or register via centralparkplunge.com.au and search for Anglicare WA.









220 METRES



6, 7, 8 November 2020 - Central Park Building Pe

TAKE THE Plunge





Building Brighter Hopeful Futures



Montana is one of our passionate frontline workers based in Kununurra in the East Kimberley and provides a critical response service to people in her community. Described as having skill and knowledge beyond her years and being an inspiring young lady, Montana was recently awarded a Training and Development Scholarship from AccessPay, that will not only enhance her professional knowledge, but also greatly benefit the Western Australians she helps each day.

What inspires you most about the work you do?

Domestic violence is such a wicked problem in our community. Nearly everyone I know has experienced some type of domestic violence, one way or another. I personally experienced it at the age of 14 and know how difficult it can be to report the abuse and access the various support services available. What inspires me the most is that I am in a role where I am able to support victims and educate the community on family violence. This is demanding; however, it is an area that I am incredibly passionate about and I find so much purpose in what I do.

Tell us a bit about a typical workday for you?

I start each day by getting up and getting ready in the morning, which includes breakfast and cuddling with my 15-month-old son! When I arrive at work, I log onto the Department for Child Protection and Family Support triage system, where all family and domestic violence reports are published for our Response Team to access and update our interactions with the people we are supporting. As a team, we gather and discuss each report and identify the best follow-up and ways to support each person in our community.

I quickly get out on the road and spend most of my time connecting with the people I'm supporting. This is often in their homes and together we put in place key actions, like a safety plan. I also provide counselling support and empower people with practical assistance - things like helping them to gain their ID, obtain a Violence Restraining Order, and completing housing applications to support them into independence and safety.

What does this scholarship mean to you?

It was a shock for me that I received the North West Scholarship from AccessPay! I feel honoured to have been given this opportunity. I'm excited about furthering my education and developing my skills in my field of work as it will teach and help me improve the way I communicate and educate others about domestic violence.





The Joy of Births, Death and Beyond

One of our wonderful longstanding supporters, Dr. Joy Brann AM is someone that totally embodies the meaning of her name. Her enthusiasm for what she has achieved in life and the excitement in what she continues to do can only be described as pure joy.

We recently caught up with Joy who shared some of her greatest life achievements and experiences. Her incredible career has seen her travel Australia as an author, a teacher, and nurse with Bush Church Aid and the Royal College of Nursing. Joy has been a midwife in remote communities and was one of the instigators of the nursing program for the Palliative Care Unit in Shenton Park. One of Joy's most acclaimed highlights involved rebuilding the Holy Trinity Church in Roebourne.

Joy graciously described her achievements as an honour, and she has immense gratitude for the opportunities and help she has had along the way. Now in her work as a philanthropist, Joy continues to support her community with proceeds from her latest book, funding the causes close to her heart.

Inspired by the work we do with communities in remote Western Australia, Joy let us know that she is leaving a gift in her Will to Anglicare WA, to continue helping people in need well into the future.



Leaving a Gift in your Will is one of the highest forms of generosity, regardless of the amount. And Joy sees this as an important continuation of her legacy and life. Needless to say, she'll be bringing so much joy to so many lives.

We are holding a series of events inviting you to prepare or update your Legal Will with a lawyer for a small fee. To find out more, call Romm Niblett on (08) 9263 2076 or register online at anglicarewa.org.au/events

Pop into an Anglicare WA Op Shop

Looking to spring clean, searching for vintage treasures or wanting to support sustainable shopping? Our second-hand Op Shop stores are where pre-loved items find new homes and support our community.

We also accept high quality furniture, whitegoods, electrical items, clothing and bric-a-brac. We have Drop Boxes all over Perth, so we won't be far from you! You can even call (08) 6253 3535 to book in a collection and we will come to your house to pick up the furniture. You can now Op shop online at opshopsanglicarewa.org.au.





Our updated store locations and opening hours are:

BELMONT Tues to Sat, 9am until 5pm

FREMANTLE Tues to Sat, 10am until 5pm

MADDINGTON Tues to Sat, 9am until 5pm

MIDLAND Weds to Sat, 9am until 5pm

MORLEY Tues to Sat, 9am until 5pm

Your Say in our Supporter Census

Keep an eye out for our upcoming Supporter Census. We couldn't do the work we do without you, and like the people we advocate for, your voice and feedback really matters to us. The 2020 Census will be in your letterbox shortly!

 Family Violence
 Homelessness
 Financial Stress
 Relationships
 Mental Health
 Disability
 Parenting
 Bereavement

 Anglicarewa
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 T 08 9263 2091 F 08 9325 6969
 anglicarewa.org.au

*Names and some details have been changed to protect identities.