



Last year, Anglicare WA were lucky to be chosen as the Charity Partner for the ABC Gives campaign. Shining a light on our Homelessness services, ABC Radio ran stories and interviews during the first week of December, culminating with a Radiothon.

We were absolutely BLOWN AWAY with the ABC WA community and their incredible support of the campaign, and were also amazed by how many of you, our supporters, contributed and got behind this Radiothon.

With an original target of \$100,000 (*we all thought it was incredibly ambitious*), we were astounded when it was reached by 9am. Clearly the WA community believe in the importance of supporting issues like homelessness, as much as you do.

With nearly 4,000 Western Australians that contributed, we raised an incredible **\$420,000!** This has allowed for state-wide support to seven different services:

- **Street Connect** received **\$200k** to ensure continued support to street-present young people across inner city Perth and suburban locations. Plus an additional **\$30k** was given to fit out the new bus and get it on the road.
- **\$52k** has been distributed to **Emergency Relief** to support families around the State when times get tough. This includes much needed assistance in the form of food vouchers, bill payments, help with medical supplies and other unexpected costs.
- **\$50k** has gone towards keeping the doors at **Foyer Oxford** open.
- **\$50k** has been allocated to people accessing our **Housing First Service in Bunbury**. Which prioritises getting people off the street, into permanent housing and supporting them beyond this, so they stay housed.
- **\$20k** has gone to **Thread Together**, which collects brand new unsold clothing from all around the country, saving it from landfill. We then distribute these clothes to people doing it tough.



\$20,000
 McCusker Charitable Foundation
 Malcolm and Tonya McCusker
 donated
 a minute ago
 "We have been listening to you
 this morning and would like to
 congratulate the ABC (and WA)
 on the wonderful work that
 they are doing to raise
 awareness of this important
 issue!"

- **Kalgoorlie Accommodation Support Service** which supports women and their children who are homeless or escaping family domestic violence has received **\$10k**.
- **\$8k** has been used to purchase new beds for the **Albany Women's Centre** - the only women's shelter in the Great Southern.

**Thank you, thank you,
THANK YOU!**

MESSAGE FROM OUR CEO

Hello everyone and welcome to Believe for Autumn 2022.

As we go to print it is clear that the pandemic-free existence we have experienced over the last two years has come to an end and we are now living with COVID. We have learnt from the experience on the East Coast that the health impacts of the virus are felt most seriously by the old and the poor.

This will be a challenge for Anglicare WA as we continue to meet the needs of people facing multiple disadvantages in their lives.

Fortunately, we live in a state full of generous people who step up when we ask.

In this edition we celebrate some of these people. We talk to Michael who participated in his 6th Central Park Plunge last year for Anglicare WA.

SUMMER VOLUNTEERING

Corporate volunteering is a meaningful way to engage your employees, create a connected workplace and make a difference to the community.

Anglicare WA have hosted some fabulous teams all doing their bit to support our programs across the state. BGC donned the gardening gloves to help with a Backyard Blitz at the Young Hearts facility in Mandurah, ISPT threw a Christmas morning tea with a difference at Foyer Oxford and CBA helped our Thread Together team.

Interested in your organisation partnering with us? Please email zac.leach@anglicarewa.org.au or call 0458 502 551

KIDS TURN \$2 INTO \$10,000

As they say, from little things big things grow!

Each year in Term 4, the Year 5 students from All Saints' College participate in the "\$2 Project". Each student receives \$2 and is encouraged to use that capital to make as much money as possible.

Students invest the \$2 into their own business ideas and track the growth of their funds. After six weeks, students repay their initial capital investments and calculate their profit. Each student's profit is then pooled and the Year 5 cohort vote to decide which charity to donate the total profits to. This year's profits totalled \$10,815.55 which is a school record!



We highlight the efforts of the Year Fives at All Saints' College who turned \$2 into more than \$10,000 for Anglicare WA and we celebrate over 3,500 people who donated to our ABC Gives Appeal in December.

While the immediate future is uncertain it is reassuring to know that we have your support.



Year 10 Anglicare WA Ambassadors from All Saints', who had been working with us all year, talked to the Year 5's about the work we do and in particular, Street Connect, our mobile youth homelessness service. The Year 5's were so impressed by what they heard about Street Connect that they voted that all the profits be donated to this service.

We were so humbled to receive this huge cheque and we send an equally huge THANK YOU to all the budding Year 5 entrepreneurs at All Saints' College.

CHRISTMAS APPEAL

For many of us, Christmas is a time of joy.

A time to share a meal with family or laugh together as we hang up our lights. But as 2021 came to a close, it was important to acknowledge that Christmas looks different for everyone.

Our Christmas Appeal focused on supporting people like Sally, a young mum sleeping in her car, who may not have had somewhere stable or safe to stay during the festive season. Thanks to the generosity from you and our wonderful supporters, we can continue to help those who are doing it tough. **Thank you for walking alongside us!**

SUPPORTING THOSE DOING IT TOUGH

**Names and some details have been changed to protect identities.*

Now more than ever, the need for Emergency Relief (ER) support is being felt by the WA community. Lotterywest, Anglicare WA are able to provide immediate financial support for clients, helping them to meet their most basic and urgent needs. Once such person is Kate, and this is her story. **Trigger Warning* - Suicide and Bereavement.*

Kate is a single mother with four young children, who was finding it difficult to hold down her job after the suicide of a close family member. Kate engaged with our suicide-bereavement counselling service which helped her to move forward with her life. After several months of attempting to manage this balancing act, Kate began taking some time out to grieve and focus on her family.

As a result, money became tight, and she requested short-term assistance. Our ER Coordinator worked with Kate to purchase food and clothing to free up her limited cash resources. For a short period, her financial worries were lifted, but more importantly the community support meant Kate could put her emotional wellbeing first.

Financial and emotional assistance, can be very important in supporting those impacted by suicide in the early days post-death. Anglicare WA provides active response and support.

If you or someone you know is struggling; please reach out, 1300 114 446.

CENTRAL PARK PLUNGE

2021 brought out the inner daredevil in people as we had a record number of Plungers register for Central Park Plunge for Anglicare WA!

In November, 50 intrepid Plungers abseiled down the Central Park building in Perth's CBD to raise money in support of Anglicare WA and ending youth homelessness.

The day was filled with highs (*quite literally*) and lows, as adrenalin-filled people gleefully took in the views from the roof of the building, while others conquered their fear of heights for a good cause.

A thrilling plunge down 52 floors later, and everyone safely landed in the arms of friends and family.

A cumulative effort, this year's Plungers raised over \$97,000! This will make a huge difference for youth homelessness services like Street Connect and keep the Street Connect Bus out in the community.



Register your interest for this year's
CENTRAL PARK PLUNGE 2022
getinvolved@anglicarewa.org.au

DONOR SPOTLIGHT

We sat down with Michael Pitt, - a community superhero who has taken the plunge down the side of Central Park six times raising over \$35,000 for charity.

What inspires you to make a difference?

At a corporate volunteering day in 2012, my team at CBH and I were shown a video about a local charity that triggered something in my heart. Having two healthy and happy daughters, and living a relatively happy life, I decided that I could make a difference and help others.

I have been lucky enough to travel the world, and do some amazing things. While I have also faced many challenges and disappointments, spending time helping others less fortunate has been incredibly rewarding and eye opening. I encourage everyone to make time and do something that helps others outside of their world.

Who do you admire and why?

Sports Player: Paul Canoville - Chelsea's first black player in the 80's when racism was rife in soccer. Through all the abuse he was a fine player and an inspiration to me to stand up against the shocking behaviour we witnessed in those times. I carried this through my sporting career and helped to stamp out racial behaviour at club level, calling out people for their actions and trying to educate them.

Actor: Tom Hardy, a Londoner like myself, from humble backgrounds who was brave enough to pursue his passion despite many setbacks. Tom overcame drug and alcohol issues and turned his life around to become one of today's finest actors - proof there is always a way forward from the darkest days.

Brave People: Anyone who is brave enough to get out of their comfort zone, challenge themselves, embrace disappointments along the way and follow their dreams.

Why do you choose to support Anglicare WA?

I strongly believe that nobody should live in poverty, particularly children, and I know that Anglicare WA strives to do as much as possible for those in desperate need. So many young people appear to start life with such a huge disadvantage and never get the opportunities that I've been lucky to have. The time and support any of us give, goes a small way to helping others out of a situation that is so often not of their making. I love the Street Connect Bus with its outreach program that provides vital support to the young people on our streets here in Perth.

Michael Pitt - Donor Spotlight



What type of legacy would you like to leave?

In other words, how would you like to be remembered?

I'm so proud to have raised awareness at CBH of the charities that I am passionate about, including Anglicare WA and doing the plunge has also helped raise a few dollars.

I would hope that I've inspired a few people to be brave and live a life with no regrets. That they would do the things they dream of and never say "I wish I had done that, traveled there or told somebody how special they were".

Lastly, I hope I'll be remembered as a good Dad to Ava and Ellie, a great partner in crime to Karen and be remembered as a good person who tried to inspire and help others make their lives better in some small way.



ESTATE PLANNING ONLINE WORKSHOPS

At Anglicare WA, we truly believe that one of the greatest gifts is leaving a legacy beyond your lifetime and we are privileged to work with people to make this happen.

Our Estate Planning Workshops provide information and guidance relating to potential challenges and conversations surrounding estate planning, funerals, and retirement homes.

Participants at these workshop are able access the help of a lawyer to write their will and have the opportunity to gain a better understanding about how they can have an impact beyond their lifetime.

This year we are making these services more accessible with online sessions available to anyone. No matter where you are around our state, you have an opportunity to attend.

For more information, contact Romm Niblett
romm.niblett@anglicarewa.org.au
08 9263 2076

OP SHOP VOLUNTEER LUNCH

It was a fantastic turn out for the annual Parish of Turquoise Coast (Jurien Bay) Op Shop Volunteer Lunch.

Every year, the dedicated volunteers come together to celebrate the impact the Op Shop has on the local and wider community.

Kelly from Anglicare WA joined the volunteers for a delicious lunch, kindly provided by the local CWA branch, and thanked the volunteers for their donations to Anglicare WA throughout the year.

Profits from the Jurien Bay Op Shop supports over 30 organisations around Western Australia. Which is made possible through the hard work and dedication from these amazing volunteers.



THANK YOU
to all involved
in making the
Jurien Bay Op
Shop a success!



GIFTS TO ACKNOWLEDGE FROM JULY 2021

We would like to acknowledge the following for their support

APM

Anglican Diocese of Perth

Anglican Community Fund

Anglican Schools Commission

Austal

Azure Capital Foundation

Brookfield Properties

Channel Seven Telethon Trust

Collier Charitable Foundation

GenVis Pty Ltd

Lotterywest

Minderoo

McCusker Foundation

NAB Community Endowment

Project Womn

The Stan Perron Charitable
Foundation

World Gold Council

Wright Burt Foundation

Wythenshawe Foundation

Stress is something we ALL experience

Heavy workloads, deadlines, even the demands of everyday life can contribute to feeling the pressure. Which can in turn impact one's physical and mental health or cause an existing condition to worsen.

Taking CARE of yourself and implementing self-care strategies will ensure you keep stress from negatively impacting your life.

Our Clear Minds service offers support to improve the wellbeing of Western Australian's through:

- Individual, Couples and Family Counselling
- Employee Assistance - "Workplace Wellbeing"
- Telehealth; Flexible appointments,
- Mental Health Care Plans

self - care [self'kar']
The practice of taking an active role in protecting one's own well-being and happiness.

For more information
1300 11 44 46
clearminds.org.au



CHOOSE FOR CHANGE

Partnership event, presented by RSM Australia

Anglicare WA, with the support of RSM, hosted its very own 'shark tank' style event that brought awareness to three amazing programs dedicated to fighting homelessness in Perth.

Each program had the opportunity to pitch to over 100 people and gave the audience an insight into the impact of their services.

Thanks to CHC Helicopters who also rose to the challenge with a pledge made on the night to support Street Connect.

Beneficiaries of Choose for Change

