



STORIES FROM THE CENTRAL PARK

PLUNGE



Katie



Don

In October, 37 participants took on the ultimate challenge in the Central Park Plunge 2023. These brave souls not only abseiled, they also raised over \$73,000 to go towards the vital work of Anglicare WA's youth homelessness services Street Connect and Foyer Oxford.

We asked three plungers why they took the Plunge. Here's what Richard Zgambo, Don Rock (85 years young) and Katie Biddulph (age 17) had to say:

What inspires you to make a difference?

Katie: "People inspire me. I have had a really privileged upbringing, and I think that it is only fair to do what I can to help others."

Don: "The fact that there are people experiencing homelessness and sleeping on the street motivates me. It shouldn't be like that anywhere in the world."

Richard: "Ester, my mum inspires me so much. She has always been athletic despite her old age, and finishes every race she enters!"

Why do you choose to support Anglicare WA?

Katie: "I love Anglicare WA because they put their heart and soul into making other people's lives better, and their facilities such as Y-Shac and Foyer Oxford give people the opportunity to set themselves up for a better future."

Don: "I have always supported Anglicare WA over the years. I'm 85 now and that's not going to change."

Richard: "I saw the request to join the Plunge on my church notice board and decided to take the bull by the horns!"

Continued over >

Keen to take the Plunge in 2024 in a team or solo? Places are limited, join us by emailing getinvolved@anglicarewa.org.au

BELIEVE | AUTUMN ISSUE
WELCOME FROM OUR CEO

So, there you have it. 2023 is done and dusted and in a flash we are headlong into 2024. Welcome everyone to our 2024 Autumn Newsletter.

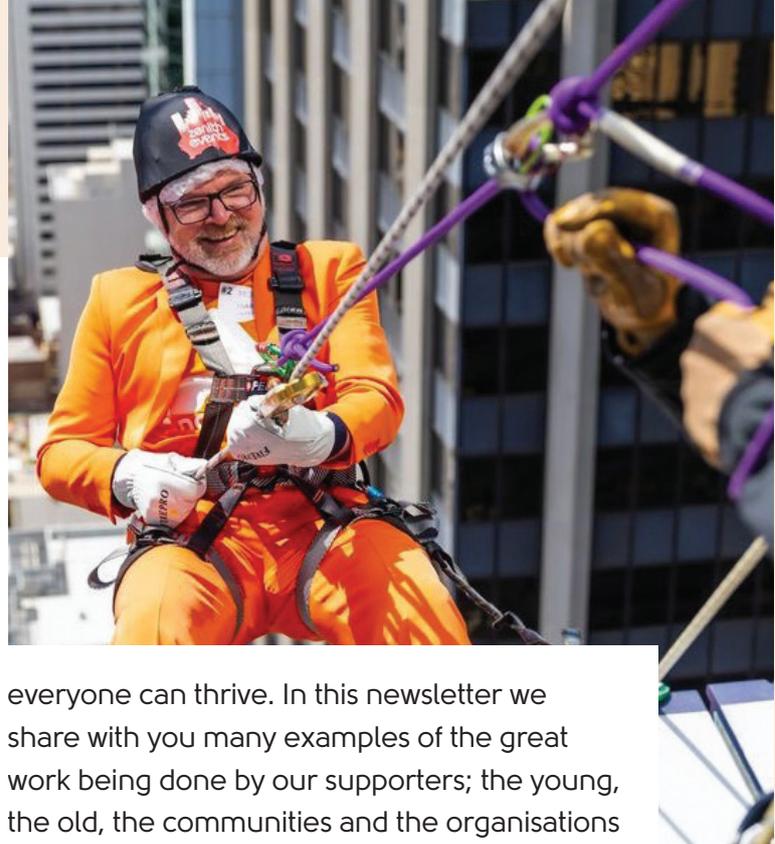
As I celebrated the new year with my family and friends, I realised how lucky I was to have the resources and opportunities to experience a good life. I also wondered what the year ahead would bring for the team at Anglicare WA and thought about the different challenges faced by the people we serve.

In a world that is more and more characterised by uncertainty and distrust there are a few things we know for sure. Sadly, the housing crisis that emerged over the last couple of years will continue to cause pain for many in our community this year.

Very low rental vacancies, elevated interest rates and other cost of living pressures are driving demand for our emergency relief programs at levels we have not seen before. Sadly, these pressures also result in more demand for our family support, mental health and family and domestic violence services.

Unfortunately, we cannot see signs of any improvement on the horizon. As a result, we are planning our work for the year based on the assumption that demand for all our services will continue to rise.

We are fortunate to have a great team of supporters who are with us in our work to build a Western Australia that is just and fair, where



everyone can thrive. In this newsletter we share with you many examples of the great work being done by our supporters; the young, the old, the communities and the organisations that believe they can make a difference.

Also, we share some of the recent results of our research and advocacy work. Our breadth and depth of services provides us with a unique view of what is happening in the communities across Western Australia, and we use this knowledge to challenge the barriers that prevent people from living their best lives. This work is sometimes unseen, but always valuable, and I am pleased that we can share with you some of our recent success.

Welcome again to our Autumn edition. It comes to you with much gratitude from the Anglicare WA team and with our best wishes for the year ahead.

A handwritten signature in blue ink, appearing to read 'Mark Glasson'.

MARK GLASSON
ANGLICARE WA CEO

CENTRAL PARK PLUNGE story... (Continued from page 1)

What type of legacy would you like to leave?

Katie: "I would like to be remembered as someone who did as much as they could to help others, and I approached everything with enthusiasm and positivity."

Don: "I hope people would think that I'm a generous man who enjoys giving."

Richard: "I would always want to be remembered as a team member, I want to give more and do more."



In line with our Anglicare WA Net Zero goals, our newsletter is printed on FSC® certified paper.





PARISHES

Karrinyup Breakfast Club

The Anglicare WA Church Community Fund was started to support the inspiring community development work happening in Anglican parishes. The Parish of Karrinyup applied for a small grant to run a community breakfast club once a month. The idea was to bring lonely or isolated members of the community together to share breakfast in a warm and friendly atmosphere.

The response was fantastic and various members of the local community have attended including people in need and recent migrants. The parish is hoping to continue the monthly breakfasts into 2024, having seen the positive impact of the breakfast club on many attendees.

CHRISTMAS APPEAL

Back-to-School Backpacks

Anglicare WA supports thousands of children every year and our frontline staff tell us that one of the things families facing hardship often struggle to afford are supplies for going back-to-school in the new year.

Every Christmas we are very lucky to have the support of many schools who help take the burden of this expense. This year, 12 high schools donated a record 500 brand new backpacks filled with essentials such as pens, pencils, textas, scissors, headphones, lunchboxes and drink bottles.

These backpacks are distributed to children and families via our various service centres ready for the start of the school year. A huge thank you to all the schools, students and families who contributed to help us ensure that as many children as possible start the 2024 school year ready to learn with confidence and dignity.





CHRISTMAS APPEAL 2023

Helping Children Heal from Family & Domestic Violence

In the lead up to Christmas, you may have seen the artwork for the Anglicare WA Christmas Appeal. The campaign featured children's artwork that reflected the reality of what Christmas may look like for some families, and ultimately showing that Christmas isn't always merry.

We were overwhelmed by our supporter's generous donations this year, and the Christmas Appeal has raised over \$90,000. Because of people like you, we will be able to reduce the wait times for our child counselling services for over 80 families. Thank you for helping children to heal from the trauma of experiencing family and domestic violence.

We are so grateful to our incredible partners at Wunderman Thompson for again going above and beyond with their creative work.

Photo: Anglicare WA Christmas Appeal campaign artwork in Perth's Yagan Square.

THANK YOU TO OUR GENEROUS SUPPORTERS

We would like to acknowledge the following organisations and individuals for their support:

Alcoa - PEACH
Austal
ANZ Community Foundation
NAB Community Endowment
Azure Capital Foundation
Anglican Community Fund



CALM Holdings
Peter & Patricia Miles
Stan Perron Charitable Foundation
Wright Burt Foundation
Wythenshawe Foundation

August 2023 to present

ADVOCACY

HOUSING AFFORDABILITY FOCUS

RENTAL SURVEY INSIGHTS

Each year, Anglicare WA conducts renter surveys to collect insights about people's housing situation. These accounts indicate that high rental costs are increasingly driving many low-income households to live in overcrowded, unsuitable, or inadequately maintained accommodation.

Some people report spending more than 50% of their income on rent or being forced into living far away from their schools, employment, and support networks. We know, through our diverse services, that these rising rental costs mean that thousands of households regularly make decisions between paying rent, paying other bills – or paying for food.

RENTAL AFFORDABILITY SNAPSHOT

Each year we produce our Rental Affordability Snapshot, with a focus on our advocacy work towards rent relief. Recently, it has been great to see our efforts pay off! We are delighted with the State government's 2023 announcement:

- **\$24m** to support people in private rentals experiencing financial stress.
- **Up to \$5,000** one-off rent relief for eligible households to cover rent arrears.
- **50 per cent** off three-months' future rent for eligible renters.

Anglicare WA is advocating a raise in the income support payments and updates to eligibility, as well as an increase to the amount of Commonwealth Rent Assistance. There is more to be done, but it is heartening to see some much needed progress in this space.



*Download the
2023 Rental
Affordability
Snapshot*





CORPORATE
PARTNERS

A TIME OF GIVING

Christmas is a time of giving, and we were so grateful to our Corporate Partners who volunteered their time at various services in the lead up to Christmas.

Staff from Bankwest visited the Thread Together Hub in Mirrabooka to help unpack and merchandise new stock for display, and in Midland assisted with ensuring the Thread Together Van was clean and well stocked.

The St John Ambulance Giving Tree contributed over 650 gifts to Western Australian families across the state with teams from 10 locations helping to bring joy to children in need and families experiencing hardship. Staff from Horizon Power were on hand to help with the logistics of sorting through the mountain of gifts and making sure that they were delivered on time!

Azure Capital had a team of staff who joined us at Foyer Oxford for a day of making 100 gingerbread men for our young residents. They also brought gifts and school bags for the Foyer Children for under the Christmas tree.

All of this goes such a long way to putting a smile on the faces of families in need.



**“The St John Ambulance
Giving Tree contributed
over 650 gifts”**



If you are interested in finding out more about our Corporate Partnership Opportunities please contact Jacque on 0411 520 977 or jacqueline.chambers@anglicarewa.org.au



WHAT IMPACT WILL A Monthly Gift Make?

Giving monthly is one of the best ways to support our vital work at Anglicare WA. We are so grateful to have a growing number of Regular Givers as part of our supporter group. Donors make a automatic monthly donation from their credit card or bank. Even \$20 a month can make a huge impact.

The Benefits of Regular Giving:

- Your donations can be easily managed in your monthly budget, rather than larger gifts at certain times of the year.
- Quick and easy, your payment details are stored once in our secure system and you can change your gift amount or cancel any time.
- Our administrative costs are reduced and our services are provided with a reliable source of income so we can better respond to our client needs and reach more vulnerable people.

Our Regular Givers believe in a just and fair Western Australia where everyone can thrive. They are joining us in our mission to create long term systemic change in areas of inequality, and to drive positive outcomes for those in need. Will you join them?

Visit regular-giving-awa.raisely.com,



scan QR code or call 9263 2091 to set up your monthly regular gift.

Photo: Street Connect is a vital homelessness service supported by our Regular Givers.



Yes, I will help Anglicare WA continue to support Western Australians who need it most.

1 Please accept my gift of:

\$20 \$55 \$75 \$100

\$ one-off donation

\$ monthly donation

2 Method of payment

Cheque/Money order

Please make cheques payable to Anglicare WA

Credit Card

Please debit this credit card:

Mastercard

Visa

Name on card

Card number

Expiry

CVV

Signature

Direct transfer

Account name: **Anglicare WA**

BSB: **086 366** Account Number: **7311 24824**

Reference: Your initial and surname

3 Your details

Title: First Name:

Last Name:

Address:

Phone:

D.O.B.

Email:

Please return this form in the envelope provided or donate at donate.anglicarewa.org.au

Other ways to connect:

- I'd like to find out more about including a gift to Anglicare WA in my Will.
- I'd like to find out more about monthly gifts.

SCAN TO DONATE



Anglicare WA collects personal information in order to provide you with information and marketing materials aligned with our charitable objectives, and, unless you opt out/unsubscribe, may contact you via any medium. Our Privacy Policy is available on our website, anglicarewa.org.au/privacy. If you do not wish to receive future communications, phone 08 9263 2091. Donations over \$2 are tax deductible. Any funds raised in excess of what is required will be directed to Anglicare WA's services that need it the most.