



# FOOD RELIEF FRAMEWORK

## October 2019



# INTRODUCTION



# Helen Creed

Chair, FRF Working Group

## WORKING GROUP MEMBERS



**Helen Creed**, independent chair of the Working Group

**Greg Hebble and Roslyn Giglia**, Foodbank WA

**Kelly McIntyre**, Department of Communities

**Deb Edwards**, Department of Social Services

**Dr Christina Pollard**, East Metropolitan Area Health Service

**Lockie McDonald**, Principle, Fullsky

**Lorna Pritchard, Natalie Venables, Lucy Westcott,**

**Pauline Logan and Lucy Reynolds**, Lotterywest

**Sheena Cher**, Manna Inc.

**David Settelmaier**, Minister McGurk's office

**Jennifer Keen**, OzHarvest

**Andrew York and Rod Sweett**, St Vincent de Paul

**Lindsay Boyer and Phil Jennings**, Salvation Army

**Jim Mullan**, Second Bite

**Ann Bartlett and Ruth Aspinal**, South Metropolitan Health Service

**Leela James and Dr Jennie Gray**, WACOSS

## BACKGROUND



# Leela James

Coordinator, Community Relief and  
Resilience, WACOSS



### ***Food for Thought* Lotterywest stakeholder forum, 2017**

- Indirect services, distributors of 'wholesale' food
- Direct services, providing food to people
- Funders, peaks and policy reps

## WHAT WE DID



- We asked, what is working well, what isn't, what can we do differently
- Think Tank to review draft solutions
- Planning, implementation and report
- Early wins

## WHAT WE FOUND



- Food insecurity is entrenched
- Major gaps in transport logistics, services stretched
- Rarely meeting social, cultural and nutritional needs
- Limited systems to measure, monitor or map need or impact
- Opportunity for people with lived experience to partner
- Integration with other policies and systems needed

## WHAT WE ACHIEVED



- Food relief services and systems mapped by regions
- *Food Relief Code of Practice*
- *Provider Practice Principles and Charter of Consumer Rights*
- Online platforms to support service coordination
- Brokered sustainable outcome focused partnerships
- Policy toolkit to enable and enhance lived experience partnerships
- Tool to measure and monitor food stress

lotterywest  
supported



wacoss  
wa council of  
social service



# Principal Policy Advisor, Population & Community Health

# East Metropolitan Health Services



# Food Insecurity

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***“lack of routine access to safe, nutritious, and affordable food to meet daily needs in socially acceptable ways”***

- 5-10 % households in Australia, 50% in very remote communities
- Social & health burden –obesity, diabetes, trauma & distress, poor child development
- 6 - 100% of families who are food insecure need to seek emergency relief





# Food Relief

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***“food to support families while they get back on their feet”***

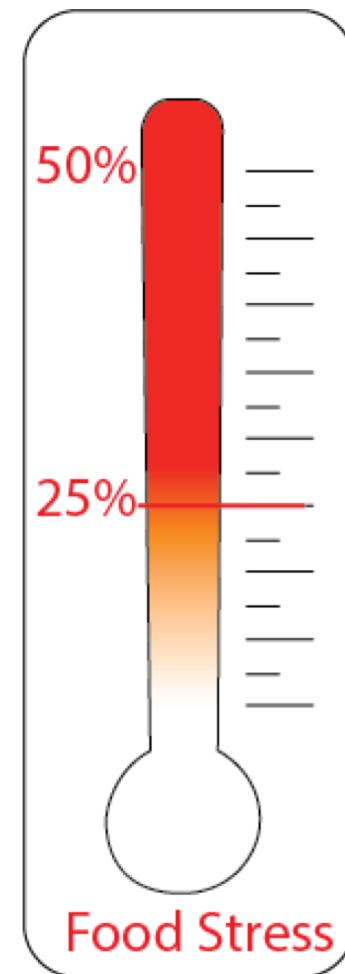
- 101 people who used food relief
- **90% unemployed, 87% on social assistance**
- 76% food relief main source of food
- **91% food insecure, 80% severe with hunger**
- 56% did not eat one day or more in week before
- **57% had used food relief for > a year, of those 7.5 years was the most common time**
- 32-36% had begged, stolen, or food from bins



# Food Stress Index

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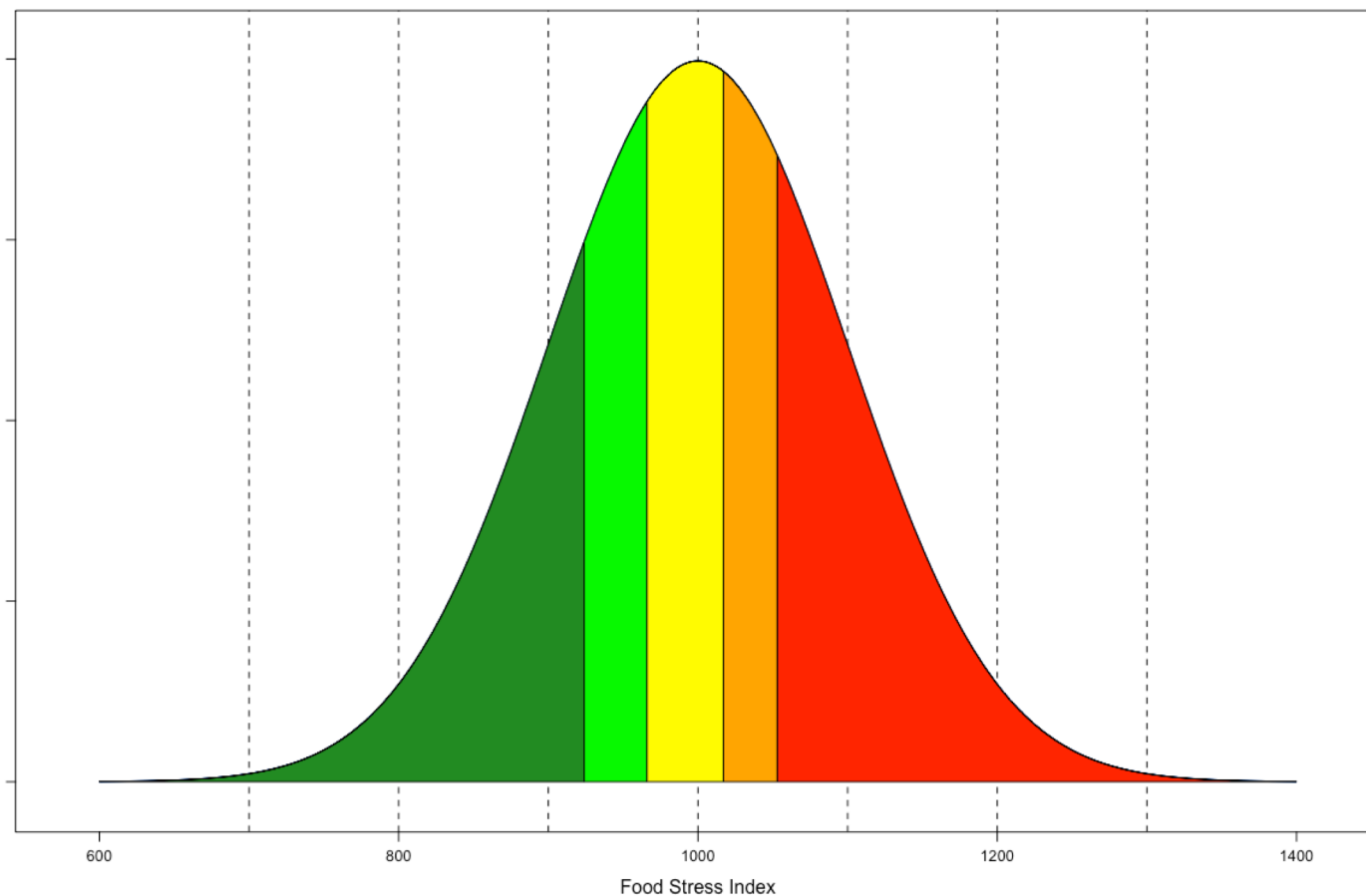
- *“household who need to spend >25% of their weekly disposable income on food”*
- Robust, regularly updated data
- Statistical model that creates an index based on the following:
  - Household characteristics –age, composition (number of children, couples and singles), Indigenous status
  - Income –highest versus lowest 20%
  - Food affordability –cost of a basic food basket by proportion of average household income (**Food Access & Costs Survey**)
  - Geographic location



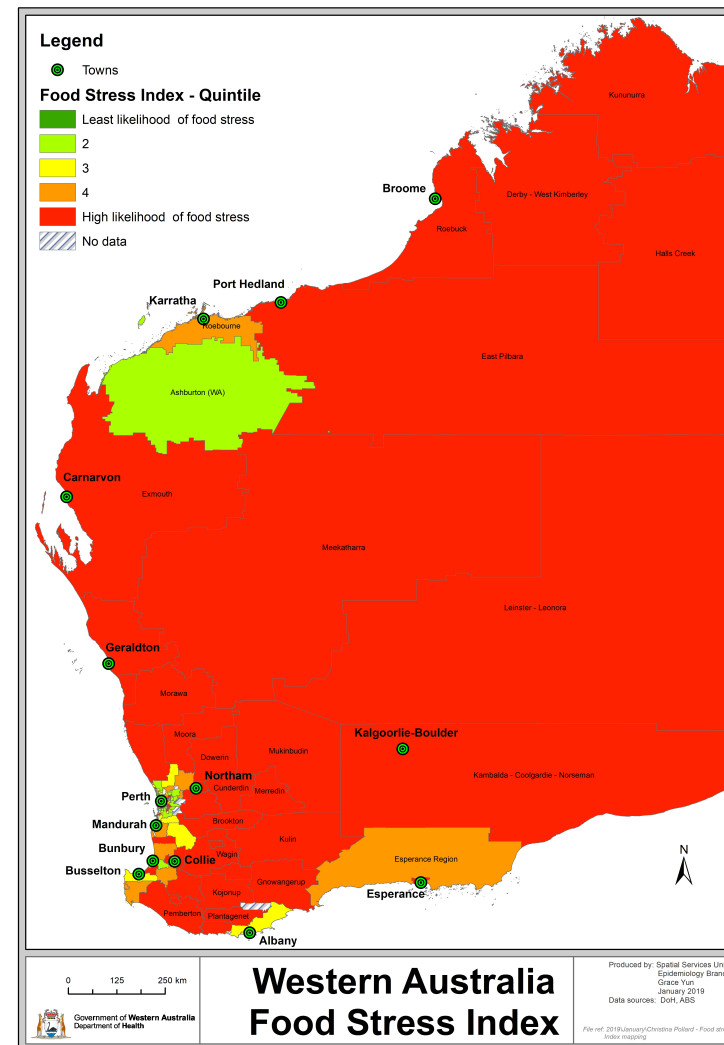




# Food Stress Index in WA



***Proportion of families suffering  
food stress, with quintiles***





# Food Stress Index

## Legend



Towns

## Food Stress Index - Quintile

### FSI quintile



Least likelihood of food stress



2



3



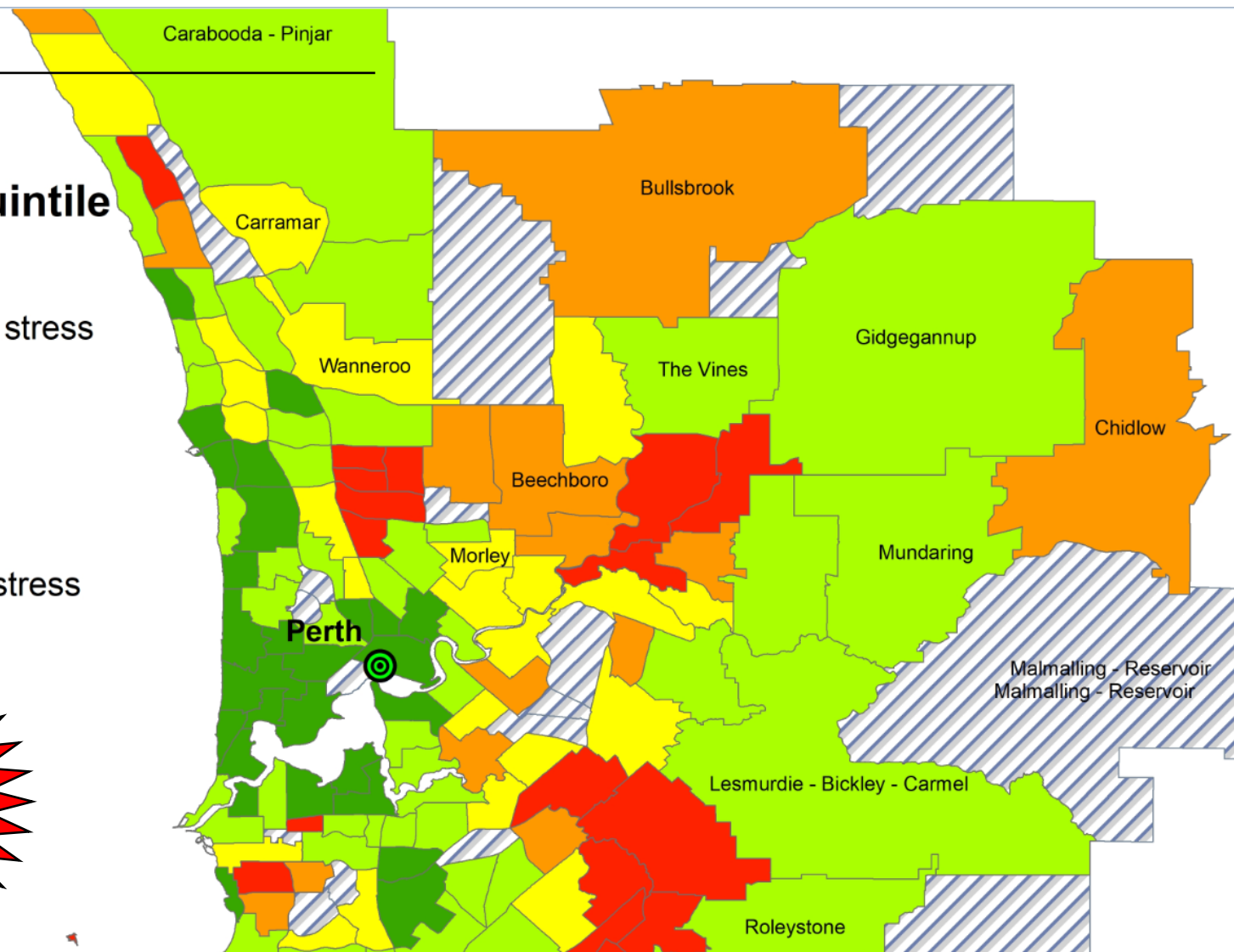
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High likelihood of food stress



No data





Food Stress	Suburb	Food Stress Index	Households at risk (%)
	North Coogee	823	2.3
	Mount Hawthorn	890	2.3
	Fremantle	950	16
	Halls Head	995	16
	Rockingham	1,034	50
	Mandurah	1,095	50
	Balga / Mirrabooka	1,110	84
	Armadale	1,128	84
	East Pilbara	1,394	99



## Quantifying food

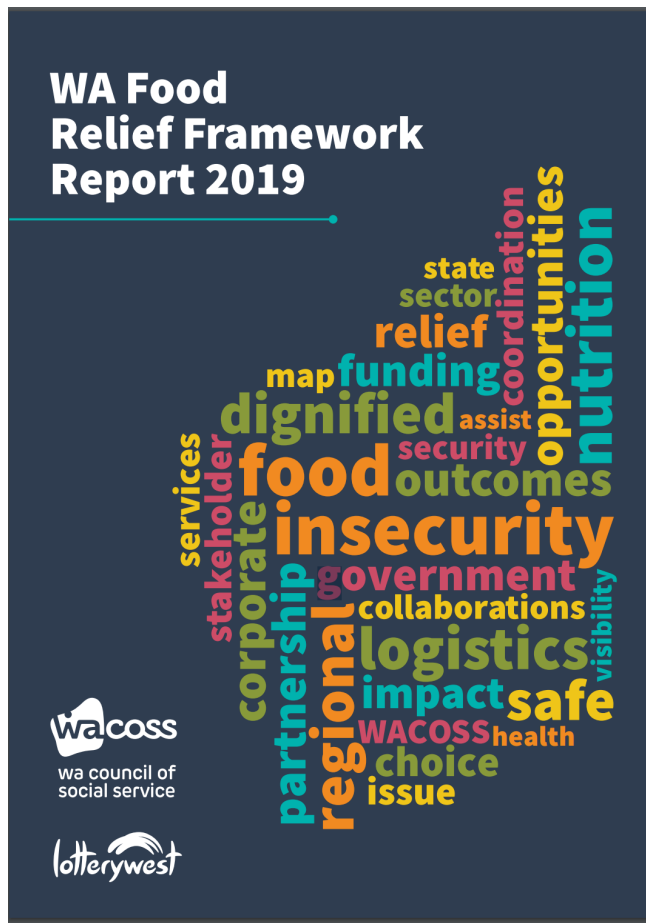
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*“dignified access to safe, nutritious food”*

- Can use the Food Stress Index to estimate the types and amounts of food that would be needed for food relief
- Assumptions :
  - Only a proportion of food stressed families will need food relief
  - Food relief likely short term (\*6 months)
  - Use basic basket of nutritious foods
- Likely to need more perishable fresh food and distribution systems ( e.g. meat, dairy, fruit, vegetables)



# CONCLUSIONS



# WACOSS website library

<https://wacoss.org.au/wp-content/uploads/2019/10/Food-Relief-Framework-report-sml.pdf>

[report.sinn.pau.gov.uk](http://report.sinn.pau.gov.uk)



## CONCLUSIONS



# Comments and questions