

## Believe

# WORKING WITH COMMUNITY FOR COMMUNITY

#### **Derby Healing Space**

Earlier this year, an idea that had begun as a dream over a decade ago was finally realised in the West Australian far north in Derby. From first conversations with Aboriginal leaders about what we might do together to help grow the "good life" in Derby, we became aware of the need for a private, culturally secure therapeutic space where traditional healing practices could be carried out and passed down to younger healers.

Our partners on the Good Life Derby project team include Emama Nguda Aboriginal Corporation, Ngunga Group Women's Aboriginal Corporation and other local leaders. By pooling our modest funds, some land, skills and connections together we were able to move the space from design to completion within 12 months.

The Emama Nguda Healing Space was gently opened by community leaders and invited guests on the 7th April this year. Some of the older healers had travelled up from Fitzroy specifically to be there.

As the guests were welcomed into the space with a smoking ceremony there was a sense of anticipation.

People headed through the arched entranceway around a curved corner opening up into a large, enclosed sanctuary space. The brushwood fence design emulates traditional bough-sheds where a hose run against the fence enables wind to cool the air.

Inside, the space features mature existing trees and a large firepit with circular seating and river sand underfoot. Garden beds are planted with fruit trees- bananas, custard apples, guavas and medicinal herbs. To the right, a round hut provides a private space for women's healing sessions and to the left, a large wooden swing, just for fun.

After the smoking ceremony, at the invitation to plant a bush tucker plant, old people and children alike leapt into action, donning gloves and digging into the ground with trowels.

The Healing Space is open to everyone in the community to book for healing sessions, playgroups, bush medicine workshops, school projects and ceremonies to welcome new babies.

This has been a delightful partnership of mutual learning and admiration. It demonstrates how asking different questions and listening can generate unexpected ideas. This collaboration will leverage traditional healing practices as both a protective tool and a therapeutic intervention and aligns strongly with Anglicare WA's core mission and values.



#### WELCOME FROM OUR CEO

Anglicare WA is proud to be able to offer over 100 services from more than 150 locations across the state, from the far north to the great south.

Many of these services are funded by the government to meet the needs of the community, others only exist because of the generosity of supporters like yourself.

In this issue of Believe, we share the stories of some of our services that you may not have encountered previously. One example is the Standby program. Anglicare WA provides the StandBy Support After Suicide program throughout Western Australia, offering compassionate assistance to individuals and and communities affected by suicide. Grief is a natural response to loss, but the grief experienced after a suicide can be especially complex and long lasting. The StandBy team offers understanding and tailored support for each person's unique circumstances.

At Anglicare WA we believe services that address the immediate needs of our community are vital and need to be complemented with research and advocacy to change the systems that create poverty and inequality. I hope you have heard our voice recently calling for an increase to the rate of JobKeeper and taking stronger action to address the housing crisis.

Thank you for your continued support.

We're so grateful to have you with us on this mission.

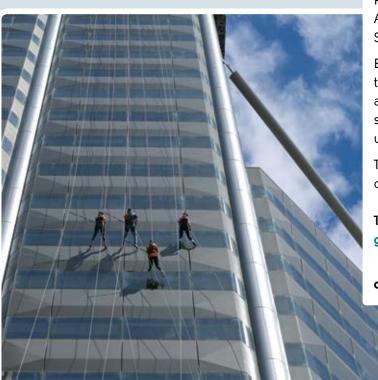
Mark Glasson

ANGLICARE WA CEO





## WILL YOU TAKE THE PLUNGE?



On Friday, 24th October, 56 inspiring fundraisers will abseil 130 meters down Perth's Central Park in the heart-pounding return of The Central Park Plunge, all with the goal to raise \$100,000 for Anglicare WA's vital community services, such as Street Connect.

Every day, young people facing homelessness turn to our Street Connect team for safety, support, and a path forward. By taking the plunge, you're not just stepping out of your comfort zone, you're stepping up for WA's most vulnerable young people.

This is the 10th anniversary of this sell-out event, don't miss your chance to be part of it!

To register email our team at getinvolved@anglicarewa.org.au

or scan HERE





Anglicare WA believes one of the key functions of our governments is to make choices that ensure everyone has equitable access to opportunities, resources, and protections that enable them to thrive.

In the lead up to the State and Federal elections, we advocated for affordable cost of living, housing, freedom from family and domestic violence, and Aboriginal and Torres Strait Islander recognition and justice.

## **ELECTION UPDATES**Advocacy Team

We were pleased to see these election commitments relevant to our advocay priorities:

- Investment in more social and affordable housing and support services
- Universal access to high-quality early childhood education and care
- Increased funding for financial counselling services
- More healthcare bulk billing and more Medicare urgent care clinics
- Free access to mental health support
- Better transport concessions

We will continue our non-partisan efforts and work with the State and Federal Governments, as well as elected officials, to ensure the implementation of key election commitments across our advocacy priorities, enabling all Australians to have a fair life and live in a better Australia.



## ANGLICAN COMMUNITY FUND Proud Partners



The Anglican Community Fund is purposefully designed to service the investment and loan needs of the Anglican community. With the stated goals being Giving Back to the Anglican Community and Helping Anglicans be Financially Stronger, ACF has been a long-term and much valued partner of Anglicare WA for over 20 years.

Their commitment to supporting the Western Australian community is evident, and we are pleased to again welcome them back as supporters of the School Sleep Out and the MEH Gala.



For many years now, our partnership with Anglicare WA has provided donations and sponsorships to assist them to meet their goals. Recently we were thrilled to be invited by Anglicare WA to volunteer at Thread Together and increase our hands-on involvement.

The ACF team loved the opportunity to learn about Thread Together's great work in the community and provide some much-needed help in their stockroom. It's a great example of the Anglican family working together to help others.

lan Leverington | Executive Officer
ANGLICAN COMMUNITY FUND

Thank you to ACF for their continued support, which in turn generates significant impact for our community.



#### PROTECTING YOUR PRIVACY AND DATA

We know you value your privacy and the safety of your data, and at Anglicare WA we are always working to maintain the highest standards of data protection for you, our donors and supporters. Please know that we value your privacy as much as you do.

#### What data do we collect when you donate?

Only what is necessary and nothing that would be considered sensitive data, such as health status or your driver's license details for example.

#### Who can access my data?

Only the Philanthropy Team at Anglicare WA have access to the password-protected system that stores your information. No one else from the organisation can access this, which is why if you call reception they will always transfer you through to our team.

#### When do we collect data?

Only with your express consent. What that means is that you have given us permission to record that information, or provided that information to us.

#### How do we use your data?

Your contact information and donor history are only used by our Philanthropy Team to help us understand how you prefer to receive communication from us, and understand your giving history. Your information is never shared with other charities or sold to other organisations.

You can contact us to change your communication preferences at anytime, or ask us to remove or update your details.

Anglicare WA follows the Fundraising Institute of Australia (FIA) Code and regularly assesses the secure and ethical use of all the donor information we keep on file.

If you have any concerns or questions, or would like to update any of your details, please reach out to the Philanthropy Team during office hours on 9263 2091 or our General Manager, Bec Stott on 9263 2077.

#### ANGLICARE WA WINTER APPEAL

Being Homeless is Hard work - this was the core message for the Winter Appeal this year, developed in collaboration with the wonderful team at VML.

It's the hidden hard work a person is forced to do just to survive, with every day a fight to navigate systems, find employment, attend appointments. It's a constant cycle of stress and insecurity.

We shared the story of Olivia\* and her son who were living in their car, and how Anglicare WA was able to help them both find safe and secure housing.

The Winter Appeal raised more than \$190,000 this year, which will support our ongoing mission to end homelessness. Thank you to all who kindly donated to this appeal.

\*names of our clients are always changed to protect their privacy and preserve their dignity.

### 

donate.anglicarewa.org.au





One of Anglicare WA's most significant parish initiatives is Standing Together, a program designed to engage the local Anglican community in the fight against family and domestic violence. This is grounded in the belief that communities can play a vital role in ending domestic violence by increasing awareness, providing support, and fostering a culture of respect and safety.

## WORKING TOGETHER TO PREVENT FDV IN THE COMMUNITY

Family and domestic violence affects countless lives, often behind closed doors. By hosting Standing Together workshops, Anglicare WA hopes to raise awareness within faith communities and empower individuals to think about how their actions and behaviours can have a positive impact in reducing the incidence of family violence and abuse.

Standing Together is a free, one-hour workshop delivered in parishes across the diocese until August 2026. The workshop aims to educate parishioners and the broader community about the signs and drivers of family and domestic violence, and equip them with the tools to identify, respond to, and prevent such abuse.

Bookings are now open for any parish interested in hosting a workshop.

For further information please email standingtogether@anglicarewa.org.au

## WHAT IS STANDBY SUPPORT AFTER SUICIDE?

Anglicare WA delivers over 100 direct services to communities in more than 150 locations across Western Australia. One of these services is **StandBy Support After Suicide**, which provides care and support to individuals and families affected by suicide, right across the state.

On average approximately 8 Australians die by suicide each day. Each of these tragic losses affects an estimated 135 people – family, friends, colleagues and community members who may experience grief and trauma

StandBy is here to walk alongside these people with compassion, understanding and tailored support. It is important that they know they are not alone. StandBy, a national program funded by the Australian Government, offers free confidential face to face and telephone support to anyone bereaved or impacted by suicide. Support is available at any stage, any age, whether the death is recent or in the past. StandBy supports people by hearing their story and allowing space for them to share all their emotions and feelings in a safe, supported way.

Our coordinators help the bereaved explore connections within their personal networks and their community, and plan ongoing support centered around their needs. We provide psychoeducation and understanding specific types of loss following a suspected suicide.

Bereavement due to the loss of someone by suicide has been evidenced as a risk factor for subsequent suicide, regardless of whether the relationship to the person who died is a relative or not. **StandBy** aims to support those bereaved and impacted by suicide and loss with the aim to avoid prolonged grief, isolation and emotional or mental distress relating to grief and to prevent further loss.

Anglicare WA, though our wonderful **StandBy** team, is committed to ensuring all Australians have equal access to evidence informed, well-coordinated and timely post suicide support.

If you, or someone you know would benefit from this service, please phone 1300 727 247 to be connected to your nearest StandBy support.

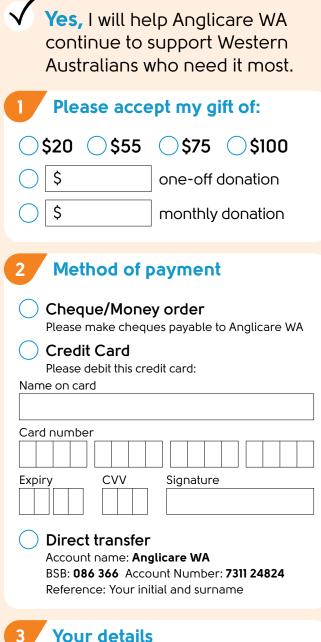




## THANK YOU TO OUR GENEROUS SUPPORTERS

We would like to acknowledge the following organisations and individuals for their significant support:

- Austal
- Azure
- Bankwest
- Channel 7 Telethon Trust
- The Chew Family
- Community Bank Albany
- Community Bank Bayswater
- CRS Pty Ltd
- The Duncan Family
- The Giorgetta Charity Fund
- The Hayward Family
- The Jon & Caro Stewart Family Foundation
- The Leach Family
- Lotterywest
- Miles Family
- Rio Tinto
- Walker Family
- Wiggins Family
- Wythenshawe Foundation



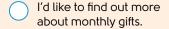
# Title: First Name: Last Name: Address: Phone: D.O.B.

Please return this form in the envelope provided or donate at **donate.anglicarewa.org.au** 

#### Other ways to connect:

Fmail:

I'd like to find out more
about including a gift to
Anglicare WA in my Will





Anglicare WA collects personal information in order to provide you with information and marketing materials aligned with our charitable objectives, and, unless you opt out/unsubscribe, may contact you via any medium. Our Privacy Policy is available on our website, anglicarewa.org.au/privacy. How wish to receive future communications, phone 08 9263 2091. Donations over \$2 are tax deduction funds raised in excess of what is required will be directed to Anglicare WA's services that need it the most.