



Referrals for SOAR are open when support packages become available. Referrals and assessments are managed and facilitated by Hope Community Services. For information on the program and the next round of referrals contact pcs@hopecs.org.au.

Anglicare WA is a service provider who supports young people once accepted into SOAR and SOAR Plus. Email soar@anglicarewa.org.au or phone 0491 090 957 to speak to the team.



Government of **Western Australia**
Mental Health Commission



1300 11 44 46
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We respectfully acknowledge Aboriginal Peoples as the Traditional Custodians of the land which our services operate on and pay our respects to their strength, cultural resilience and Elders past and present.

Wait times can vary depending on the service and demand. Anglicare WA aims to provide support as quickly as possible.

SOAR

Support, Opportunity and Resilience for Youth



Free individualised support and
accommodation for 16 to 24 year olds





SOAR

Support, Opportunity and
Resilience for Youth

Designed to assist young people aged between 16-25 years with mental health challenges, with or without co-occurring alcohol and drug issues to participate more in their community, social and economic life. The personalised program offers a variety of support services that help meet individual goals and needs, including support with everyday skills, maintaining safe accommodation, and accessing other services.



SOAR Plus

SOAR's accommodation add-on

Young people can be accommodated for up to three years or until they turn 25. Our aim is to improve young people's wellbeing and help in their recovery, supporting them to become more independent and have better quality of life. With our support, young people develop an Individualised Recovery Plan which is a guide to a young person's goals and how they would like to be supported to live well in the community.

Our team

We work with peer workers, youth workers and specialist staff to support in areas such as:

Housing and finance support

- Support to find/maintain accommodation/tenancy; rent and inspection knowledge
- Living and cleaning skills, organising a home
- Budgeting, financial assistance, banking
- Income – Centrelink, MyGov, rent assistance
- Payslip, contract, debt, tax and super info
- Driver's licence (RYDE program)

Career and learning support

- Personal goals/strengths skills assessment
- Resumé, cover letters, interview skills
- Career plan, work experience, volunteering
- Tutoring and short course referrals including Barista, RSA and First Aid qualifications

Health, wellbeing, independent living support

- Access to doctors, dentists, mental health and sexual health experts, drug, alcohol and smoking specialists
- Support and referrals for young parents
- Managing family/personal relationships
- Reconnecting and meeting new people
- Recreation (outdoor groups, gym, creative)

Our guiding principles

Youth Work WA's Code of Ethics

A tool for clarifying what youth work is about and ensuring quality practice – both for youth workers themselves and for those who come into contact with youth workers.

Trauma Informed practice

We understand many young people accessing support have been experienced multiple or ongoing experiences of trauma.

Youth-centred and youth-friendly

We place the person, group or community receiving services at the centre of support needed and this guides how we deliver.

Strengths-based

We recognise there is great diversity in the youth population and acknowledge each person's unique, strengths, skills and needs.

Fiercely Inclusive

We support culturally diverse communities including migrant background, Aboriginal and Torres Strait Islander people, LGBTQIA+, people with disabilities, and their families and carers.