

***“Take a step forward
to long term change.”***

Accountability

Our programs offer the tools, support, and accountability to guide you through the process of change.

Safety

End the use of harmful behaviours, recognise their impact on others, and prioritise safety for women and children.

Supporting Change

Adopt healthier, non-violent ways to manage conflict and emotions.

Create lasting change
and build healthy relationships.

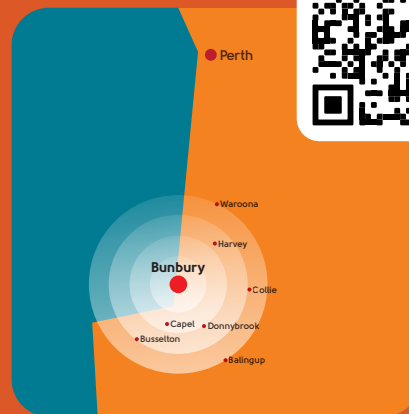
***“Break the cycle of violence
and build healthier relationships.”***

Contact Us

Bunbury | 13 Stirling Street | WA | 6230
08 9720 9200

bunbury@anglicarewa.org.au

General enquiries
or to register your
interest scan **HERE** ▶



1300 11 44 46

info@anglicarewa.org.au

anglicarewa.org.au

[@anglicarewa](#)



SUPPORT AND SERVICES FOR WESTERN AUSTRALIANS

- Aboriginal Communities • Counselling & Separation
- Disability Services • Family & Domestic Violence
- Financial Wellbeing • Housing & Homelessness
- Mental Health • Parenting Support • Suicide Postvention
- Sexual Abuse Support Services • Youth Services

Men's Behaviour Change Programs



A supportive place for men to reflect on their harmful behaviours, provide safety for their families, grow emotionally and discover healthy ways to navigate relationships; building a positive path forward for themselves, their family, and their future.



Our Programs

Services provided
in partnership with



1 Changing Tracks

for *men* who...

- A 24 week group program to help men address abusive behaviours.
 - Develop healthy communication skills and embrace accountability.
 - A safe, supportive, and respectful space to develop and make change.
 - Manage emotions and respond to conflict in healthier ways.
- Feel their behaviour is hurting their family or themselves.
 - Struggle with controlling or violent behavioural tendencies.
 - Have been asked by a partner to seek help or have a Violence Restraining Order against them.
 - Want to repair relationships with their children or families.

2 Caring Dads

for *fathers* who...

- A 17 week program to help fathers break the cycle of violence and build stronger families.
 - Break the cycle of inter-generational violence and trauma.
 - Realise the roots of harmful behaviour.
 - Encourage safe, responsible parenting.
- Feel their behaviour is having a negative impact on their child.
 - Want to improve or repair their relationship with their child.
 - Want to understand their child's feelings and needs.
 - Use harsh discipline or controlling behavior towards their child.
 - Want to improve parenting skills and build healthier relationships.

Eligibility is determined during
a screening interview.

There are no fees for these programs



Immediate or Crisis Support

Life Threatening Emergencies	000
Men's DV Helpline	1800 000 599
MensLine Australia	1300 789 978
13 YARN	13 92 76